

Mail entry and fees to:
 Long Course Nationals
 USMS National Office
 9 Wiley Hill Rd,
 Londonderry, NH 03053-3109

2005 USMS National Long Course Championships
Official Entry Form



Marguerite Aquatic Center
Mission Viejo, California August 11-15, 2005
Sanctioned by the Southern Pacific LMSC for USMS, Inc. - Sanction number 335-021

Name* _____ *Print name as it appears on USMS registration card.
 Last First Middle Initial
 Address _____
 Street City State ZIP Country
 E-Mail _____ Day Phone _____ Eve. Phone _____
 A/C A/C
 Emergency _____ Age Birthdate Sex _____
 Name Phone No. (on 12/31/05) (Month/Day/Year) M/F
 Club Name or Unattached _____ USMS or International Reg. # _____

BEFORE COMPLETING, READ MEET INFORMATION ON PREVIOUS PAGES.
Check-in is required for all events. For all Friday-Monday's events, check-in ends at 6 pm PDT the day before event is swum. For Thursday's events, check-in ends at 8 pm on Wednesday. You must check in THE DAY BEFORE.
Entries must be U.S. postmarked by July 2, 2005 or received by July 9, 2005

Event No.	Entry Time Women	Date	6	Event	Event No.	Entry Time Men	Date	6	
Warm-Up 6:30-7:50am				THURSDAY, AUGUST 11, 2005				Start 8:00 am	
1/2				800 FREESTYLE**	1/2				
4				100 BREASTSTROKE	3				
6				50 FREESTYLE	5				
8				200 BACKSTROKE	7				
9/10	See Relay Form			200 MIXED MEDLEY RELAY	9/10	See Relay Form			
Warm-Up 6:30-7:50am				FRIDAY, AUGUST 12, 2005				Start 8:00 am	
12				400 INDIVIDUAL MEDLEY	11				
14				100 FREESTYLE	13				
16				200 BUTTERFLY	15				
18				50 BREASTSTROKE	17				
20	See Relay Form			200 MEDLEY RELAY	19	See Relay Form			
Warm-Up 6:30-7:50am				SATURDAY, AUGUST 13, 2005				Start 8:00 am	
21/22				400 FREESTYLE	21/22				
24				100 BUTTERFLY	23				
26				50 BACKSTROKE	25				
28				200 INDIVIDUAL MEDLEY	27				
29/30	See Relay Form			200 MIXED FREE RELAY	29/30	See Relay Form			
Warm-Up 6:30-7:50am				SUNDAY, AUGUST 14, 2005				Start 8:00 am	
32				200 BREASTSTROKE	31				
34				100 BACKSTROKE	33				
36				50 BUTTERFLY	35				
38				200 FREESTYLE	37				
40	See Relay Form			200 FREE RELAY	39	See Relay Form			
Warm-Up 6:30-7:50am				MONDAY, AUGUST 15, 2005				Start 8:00 am	
41/42				1500 FREESTYLE**	41/42				

Entry Checklist

Entry form filled out completely?

"Date" and "6" events clearly marked? ("Date" is for NQT's that have been met. Mark "6" only if entering 6 events.)

Seed times in proper columns?

No more than three events per day entered?

Liability release signed and dated?

Fees payable to "USMS" enclosed?

Foreign Masters swimming registration card attached?

SASE enclosed? (Indicate purpose on envelope.)

Entry postmarked by July 2, 2005, or received by July 9, 2005, deadline?

QUESTIONS? Call (949) 489-1847 6 am - 10 pm PDT

**An NQT is required for the 800 Free. You may enter both the 800 Free and the 1500 Free, if you meet the NQT in both events.

Internet Entries will be accepted starting 5/1/05. Please see www.usms.org for additional information.

Liability Release: "I, the undersigned participant, intending to be legally bound, hereby certify that I am physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware of all the risks inherent in Masters Swimming (training and competition), including possible permanent disability or death, and agree to assume all of those risks. AS A CONDITION OF MY PARTICIPATION IN THE MASTERS SWIMMING PROGRAM OR ANY ACTIVITIES INCIDENT THERETO, I HEREBY WAIVE ANY AND ALL RIGHTS TO CLAIMS FOR LOSS OR DAMAGES, INCLUDING ALL CLAIMS FOR LOSS OR DAMAGES CAUSED BY THE NEGLIGENCE, ACTIVE OR PASSIVE, OF THE FOLLOWING: UNITED STATES MASTERS SWIMMING, INC., THE LOCAL MASTERS SWIMMING COMMITTEES, THE CLUBS, HOST FACILITIES, MEET SPONSORS, MEET COMMITTEES, OR ANY INDIVIDUALS OFFICIATING AT THE MEETS OR SUPERVISING SUCH ACTIVITIES. In addition, I agree to abide by and be governed by the rules of USMS."

Signature _____ Date _____

FEEES:

Meet Surcharge (required for all events)	\$38
Number of Individual Events	x \$4
Final Results	x \$15
Social Event	x \$25
Gold Medal Sponsor	x \$50
TOTAL FEES ENCLOSED	_____

Check or money order payable to
United States Masters Swimming