



U.S. MASTERS SWIMMING

SUPER SHUTTLE

Ride SuperShuttle to and from Dallas Fort Worth International Airport or Dallas Love Field for \$14 each way. The group discount is only available for on-line roundtrip reservations made through this link – <https://www.supershuttle.com/default.aspx?GC=C9TLN>

RENTAL CAR

For those of you planning to rent a car, USAS has a contract with Hertz – CV# 02RH0006

More information can be found <http://www.usaquaticsports.org>

SHIPPING PACKAGES?

If you are organized and can have packages shipped in advance (no charge), please send to:

Frank McIntyre

**6611 Hillcrest LB 578
Dallas, TX 75205**

email - frankmcintyre@fwmcintyre.net
cell - (214) 454-4550, home - (214) 691-1638

All packages must arrive no later than Monday, September 13th. Please contact Frank with “when and what” will be arriving.

THANK YOU FRANK!!!

CERTIFICATION TABLE HOURS

Wednesday 8am to 5pm – Vendor Area

Thursday 7-7:45 am – Vendor Area

Thursday 9:15-9:45 am – House of Delegates Room

Thursday afternoon – Saturday – come find Debbie

LUNCH WITH NEW DELEGATES

Thursday 12:00 – 1:30 pm

Details will be available at the New Delegate Orientation

MEET THE CANDIDATES FORUM

Meet the candidates running for

USMS At Large Director Positions

Thursday, September 16th, 11:00 – 11:45 am

Reunion Ballroom F

INSURANCE RECEPTION

Wednesday 7-9 pm

Trinity Crossing

“Hoe Down” is this year’s theme. USAS encourages attendees to wear western style clothing

ORIENTATIONS

Committee Chairs

Wednesday, September 16th, 5:15 – 6:45 pm

Sanger B

New Delegate

Thursday, September 16th, 9:00-9:45 am

Reunion Ballroom F

LMSC SOCIAL

Thursday, 7:30-9:30pm

Take advantage of another networking opportunity to unwind with other people who share your passion for Masters swimming! The North Texas LMSC will be providing hearty hors d’oeuvres at the House of Blues (cash bar). The House of Blues is about a mile away (you can take the light rail there).

Please sign up at the Certification table when you check in so the organizers can plan accordingly.

International Masters Swimming Hall of Fame Induction

Complimentary tickets to USMS HOD Members

5:30-6:30 pm – Reception (cash bar)

The Connection (lower level)

6:30-8:00 pm – Induction Ceremony

Cumberland K & L

LMSC WORKSHOPS

Thursday, September 16th 6-7:15 pm

* LMSC Registrar Training

* Qualities of a Successful Masters Coach

* How to Use the Internet and Social Media to Grow Your USMS Program

Friday, September 17th 12:15 – 1:15 pm

* Open Water Safety

* Understanding USMS Insurance

* Learn Manage Serve Communicate (aka "LMSC")

Saturday, September 18th 9:45-11 am

* How to Operate and Promote a USMS Pool Event:

* How to Develop a USMS Program at a YMCA, University, City/County

Facility or High School

* Recognition of Volunteers at the Local Level

ARE YOU BRINGING A LAP TOP?

There will be external power supply in the HOD but we will not know the amount of “convenient” outlets. Please bring an extension cord to make sure you can “plug in”.

PRESENTATIONS

SPORTS MEDICINE

Saturday, September 18th 11:30 am – 12:30 pm

Reunion Ballroom F

Details will be available at the certification table

COACHES

Saturday, September 18th, 8:00-9:30 am

Reunion Ballroom F

Details will be available at the certification table

SWIM WORKOUTS

Details will be available at the certification table



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