

## USMS CONVENTION – Orlando, FL 2004

Committee Name:   Safety Education   Session # (if more than one meeting):        Cmte. report #: 23

Minutes recorded by:   Eric Shanks   Date/time of this meeting:   Friday, 9/17/2004, 8:30 a.m.  

### ACTION ITEMS PROPOSED EXPENDITURES

none

### ACTION ITEMS

1. MSA that Julie Heather communicate to LMSCs (newsletter editors and safety chairs) the rules for diving during workouts.
2. MSA that Colleen Driscoll and Julie Heather will expedite an immediate clarification of the rules verbally to the Coaches committee.
3. MSA to submit the following rule change proposal to the Rules Committee:  
102.4.2 – Procedure (page 20)  
Swimmers must enter the pool feet first in a cautious and controlling manner. Diving shall be permitted only in the designated lanes. No hand paddles are allowed.  
2.2 (Appendix B, page 135) add:  
No hand paddles are allowed.  
2.2 (Appendix B, page 137)  
No hand paddles are allowed.

Committee Chair:                   Julie Heather                   Vice Chair(s):   absent                  

Number of committee members present:   7   Absent:   2   Number of other delegates at this meeting:   35  

Committee members present: Nadine Day, Mary Pohlmann, Eric Shanks, Shannon Sullivan, Anthony Thompson, Joanne Wainwright, Colleen Driscoll (ex-officio), Patty Powis (Ex. Comm. Liaison)

### MINUTES

The meeting was called to order at: 8:35 a.m.

1. Safety Education on the USMS website: Julie has a draft of the website on her computer at home. We discussed additional ideas of items to include on the website. We will try to include samples of Emergency Action Plans from various facilities and a sample waiver for visiting swimmers to sign. Instructions for creating portable signs for meets (“NO DIVING”) will be added. This brought up a discussion of issue involving swimmers diving into the pool during morning practice at convention in an unsafe manner and not under supervision of the workout supervisor. Our members need to be aware that their entry into the pool must be done feet first, and in a safe and cautious manner. This will be communicated to the Coaches committee and to the LMSCs, through the safety chairs and newsletter editors. It was also pointed out that we need to clearly communicate the ‘no diving’ rule to international swimmers coming to 2006 Worlds.
2. Safety Section for the LMSC Handbook: Joanne Wainwright and Eric Shanks will take the lead on developing a Safety Section for the LMSC handbook.
3. UMSS Magazine articles: Mark Wussler agreed to write an article on spinal injuries, focusing on prevention, for the USMS Magazine. He will contact Bill Volckening for advice. We will talk with Sports Medicine about the possibility of having them write an article on heart attacks (including the differences in symptoms between men and women) and the use of AEDs.
4. Proposed changes to the rule book relating to safety: The Safety Education committee is proposing to add “No hand paddles allowed” to the warm-up section of the rule book. We discussed the insurance implications of adding this to the rule book and it was felt that it was important. This information is already included on page 9 of the Sanctions of the LMSC Handbook for Warm-Up/Warm-Down during meets.
5. The claims history for USMS for the period 2002-2003 was reviewed. We have been very fortunate in that we have not had many claims.

The meeting was adjourned at: 9:30 a.m.

### TASKS FOR THE UPCOMING YEAR

1. Eric Shanks and Jo Wainwright will work on the Safety Section for the LMSC Handbook, with assistance from Julie.
2. Mark Wussler will write an article on spinal injuries prevention for the submission to the USMS publication.
3. We will discuss the need for an article on symptoms of heart attacks/use of AEDs with the Sports Medicine Committee.