

WORKSHOPS

LMSC Workshops

Wednesday, September 26th, 5:30 – 7:00 pm

Registrar Roundtable – Salon I

Coaches Roundtable – Salon II

Chairman Roundtable – Salon III

Communications Roundtable – Salon IV

Insurance Workshop

Thursday, September 27th, 11:00 – 12:00 pm

Salon II

LMSC Workshops

Thursday, September 27th, 7:00 – 8:30 pm

Leadership Development Workshop – Salon I

Building a Relationship With Your Aquatic Facility – Salon II

Market Your Club to YOUR community – Salon III

LMSC Finances Workshop – Salon IV

ORIENTATIONS

COMMITTEE CHAIRS

Wednesday, September 26th, 4:45 – 5:15 pm

Salon II

NEW DELEGATE

Thursday, September 27th, 8:00 – 8:45 am

Garden 2 & 3

INTERNATIONAL MASTERS SWIMMING HALL OF FAME (IMSHOF)

Induction Ceremony

Friday, September 28th, 7:00 pm

Room – TBA

Cost is \$45 per person, RSVP by Sept 14th

Invitation enclosed

SUPER SHUTTLE – DISCOUNT

There is a website for supershuttle for a discount coupon.

Will take care of that ASAP!

The web address is:

www.supershuttle.com/Coupons/LAX/USAquatic.pdf

It is good for all five airports.

HERTZ - DISCOUNT

We also have a car discount rate with Hertz. Our meeting number for them is: CV#02RH0004

PRESENTATIONS

SPORTS MEDICINE

Jim Miller, MD - Speaker

Friday, September 29th 12:45 – 1:45 pm

Garden 1, 2 & 3

Performance Enhancement - "I want some of that!"

COACHES

Mel Goldstein – Moderator

Friday, September 29th, 12:45 – 1:45 pm

Salon VI

*Panel of USMS coaches
discussing the development of their clubs*

USAS WEBSITE

For more information on the USAS Convention

www.usaquaticsports.org

ARE YOU BRINGING A LAP TOP?

There will be external power supply in the HOD but we will not know the amount of "convenient outlets. Please bring an extension cord to make sure you can "plug in".

CAP SWAP

Bring a team swim cap or a favorite meet cap and meet another delegate by swapping caps. There is no limit to the number of caps you can fit in your luggage or to the number of people you can meet. (Leave your used caps in your swim bag)

ARTS & CRAFTS DISPLAY

Bring a sample of your "craft" so all can see what else you can do other than swim!!!

Wednesday, September 26th after the Welcome Reception
USMS Hospitality Suite

United States Masters Swimming

CHECK-IN AND CERTIFICATION PROCEDURE AT USMS CONVENTION

Each delegate must complete the two-step process outlined below. You must have a “certified ID” to vote as a member of the House of Delegates (HOD) and be eligible to attend HOD meetings!

- 1) **CHECK IN AT THE UNITED STATES AQUATIC SPORTS (USAS) STATION** to pick up your ID - a badge with your name & LMSC on it. You will also receive a convention bag, binder, and miscellaneous souvenirs.

AND

- 2) **CHECK IN AT THE USMS TABLE** to obtain “certification” that you are a USMS delegate. This is the process that verifies a delegate’s eligibility to vote in the House of Delegates (HOD). You will also receive your voting cards and other important convention material and information.

The USMS Certification/Information table will be open as follows:

Wednesday, September 26, from 9:00 am – 5:00pm

Thursday, September 27, from 8:00am - 8:45am

The USMS Certification/Information table will move to outside the HOD meeting room on Thursday, September 27th (Garden 2 & 3). All subsequent certification by USMS will take place here during HOD meetings, until they recess. (Refer to the meeting schedule in your pre-convention packet and/or binder for time and location). Late arrivals **must** locate Debbie Cavanaugh (Certification Chair) to receive their certification and voting cards.

Please note: If you did not register for convention in advance, you will need to have USMS Meg Smath sign a certification release before you can proceed to Debbie Cavanaugh for the balance of certification material.

New Delegates will receive a special ID identifying them as NEW DELEGATES as well as information regarding the New Delegate Orientation.