

<b>Committee Name:</b>	Coaches Committee	<b>Session#:</b>	<b>Report #:</b>
<b>Committee Chair:</b>	Ken Brisbin	<b>Vice Chair:</b>	Chris McPherson
<b>Minutes recorded by:</b>	Chris McPherson	<b>Date/time of meeting:</b>	Jan. 13, 2020 5pm PST

## Motions Passed: None

## Roll Call

**Number of committee members present: 17      Absent: 2      Number of other delegates present: 1**

**Committee members present (list all, including chair and vice chair):** Ken Brisbin (Chair), Chris McPherson (Vice-Chair), Bill Brenner, Chris Campbell (VP), Kathy Gallagher, Marianne Groenings, Steven Hall, Molly Hoover, Susan Ingraham, Bob Jennings, Carol Nip, Kerry O'Brien, Lori Payne, Elise Shank, Trey Taylor, Tim Waud, and Steve Weatherman.

**Not present:** Terry Heggy and Rich Williams.

**Others present:** Sara Welch (Diversity and Inclusion Chair).

## Minutes

The meeting was called to order at 5:04 p.m. Pacific Standard Time

1. **Welcome** – Chair Ken Brisbin thanked everyone for being on the Coaches' Committee for 2020 and emphasized the important role that we play for USMS and its membership. Ken relayed that Peter Guadagni, the new president of the USMS board, plans a greater focus on and more support for the coaches within USMS during his tenure. Ken also mentioned that he hopes to keep each of our monthly meetings to one hour or less, as he appreciates the time sacrifice of each member in participating on this committee.
2. **Introductions** – Ken asked each coach to introduce themselves with a brief bio, since there are so many new members on the committee this year. Beginning with Ken and Chris, and following in alphabetical order, each coach did so.
3. **Committee Reports** –
  - a. **Web Workouts (Molly):** The process to select new coaches to post web workouts for 2020 included a 3-week application window with 24 applications received for the 6 open positions. The new coaches were selected and have already begun posting online workouts in the old forums format, so that there would be no lag. In February, the workouts will make a switch to be posted in Swim.com, and the designated coaches will transition to using this new system. Those coaches chosen to provide online workouts this year include:
    - i. Celia Wolff for Basic Training
    - ii. Greg Nelson for Open Water Workouts
    - iii. Don Haut for High Volume Workouts
    - iv. Larissa Herold for Stroke and IM Workouts
    - v. Shelbi Oskolkoff-Campbell for Limited Mobility
    - vi. Stuart Cromarty for High Intensity Training
    - vii. Suzy Degazon for Triathlon Training (continuing from 2019)
  - b. **2020 Pan Am Coach Selection (Tim):** Last year's focus was finding a coach for FINA Worlds, and this year it is to find a coach for the Pan Am Masters Championships taking place in Medellin, Colombia, in June of 2020. The job description has been posted in the USMS discussion forums and in Streamlines for Coaches, but there has

only been one application so far with the application deadline looming shortly. Tim asked to be recused from chairing this subcommittee, as he himself would like to apply. A finely-tuned report on the entire process from last year (saved in the minutes from the CC meeting at Convention) will provide a structured guideline for whomever takes Tim's place as chair. A new committee was set in place as Steve, Trey, Elise, and Bob volunteered to work on the selection process (which includes interviewing, voting on a selection, handling reimbursements, etc.).

- c. National Coaches Clinic (Trey): The date and location of the next NCC has been set, and it will take place in Las Vegas from Friday, October 16<sup>th</sup> through Sunday, October 18<sup>th</sup>. Marianne has made reservations for us to stay at the Westin Hotel and to use the Buchanan Pool. The committee is now working on finding speakers and determining other details.
- d. Awards (Bob): Nothing to report so far, as the deadlines are mid-year.
- e. High Performance Camp (Steve): The last HPC will take place this August in Greensboro, and preparations are underway for it to "go out with a bang." So far, Nadine Day, Steve, and Trey are committed as coaches, and they are also working on bringing in some Olympians for the camp.
- f. Education (Bill): The focus on education includes 1) providing coaching certification opportunities, and 2) finding optimal ways to provide helpful information post-certification. As of now, there are eleven Level 1,2 classes and four Level 3 classes scheduled for 2020. The number of classes can possibly expand if clubs can warrant enough interest to offset any budgetary expenses needed to create new classes. The aim to provide helpful information for these certified coaches will require some thought and collaboration as to the best delivery method. Suggestions so far include creating webinars with continuing education, participating in peer-to-peer calls, and creating a method to assist coaches with writing better workouts (a common request). Sara Welch spoke up with a request for the Coaches' Committee to become involved with the Diversity and Inclusion focus for USMS and to prepare a webinar in this regard for new coaches, as this topic is already a module in the certification curriculum.
- g. Level 4: No report, as the chair and committee are not yet selected.
- h. LMSC Communications: No chair or subcommittee has been formed as of yet. Molly highlighted the role of chair, as she had occupied it last year. After each CC meeting, she would forward the minutes with significant information highlighted and an offer of assistance to the LMSC Chairs, who were then to get the information to the coaches in their LMSC. Ken suggested that this process needs to be improved to try to get the information to the coaches directly.
- i. Mentor Program (Chris): After several years of preparation, the USMS Coaches' Mentoring Program finally took flight in 2019 with the first set of mentor-mentee match-ups. Seven mentees were able to travel to meet with our mentor coaches from October through December. Surveys were given to mentors and mentees post-match-up, and comments by all were overwhelmingly positive. The program came in slightly under budget and was considered to be very successful. The budget for 2020 is already approved, so plans for the upcoming year are being formed. All of the 2019 mentor coaches have agreed to continue as mentors in 2020, and a few more mentor coaches will be added for broader coverage.

- j. On-Deck Coaching (Kerry): Nothing yet to report.
  - k. Open Water: No report, as the chair and committee are not yet selected.
  - l. Publications (Terry): Terry was not on the call, but Kenny explained that Terry, although well-established in writing his own articles, is looking for coaches on this committee to submit articles (or even just ideas for articles) to be included in Streamlines. Terry has offered to help anyone with editing and/or writing the article. Kenny suggests that everyone on the Coaches' Committee plan to contribute at least one article this year.
4. **Old Business** - None.
5. **New Business** - Chris Campbell stressed the important roles of coaches, and stated that coaches are the interface between USMS as a national entity and its membership. Chris also reiterated Sara Welch's earlier comments and added that he encourages crossover between our committee and the other committees that he oversees (including DAI, Fitness Education, and Sports Medicine and Science). Chris noted that coaches are central to all other committees and are the best method to send messages to the USMS membership, as well as the primary way to grow the membership. Anyone interested in becoming a liaison (formally or informally) with other committees would be welcome to join in on their meetings.
6. **Final Roll Call**

The meeting was adjourned at 6pm Pacific Standard Time.