



NTLMSC: 2025 Annual Board Meeting

Sunday, November 22, 3:30PM | at Texas Ford Aquatics, Frisco

LMSC Name: North Texas LMSC

Chair: Jacky Merianos

Vice Chair: Frank Cortese

Minutes recorded by: Lynn Morrison (secretary)

Date/time of meeting: 11.22.25 3:25PM

Number of committee members present: 9

Absent: 5

of other LMSC members present: 12

Committee members present:

Jacky Merianos -Chair, Lynn Morrison -Secretary, Cindy Myer-Membership, Tom Wolf-Top Ten, Gilberto Junior-Coaches, Bob Tierney-Webmaster, Courtney Batten-Communications, Michael Anton -Member-at-Large, Alison Moore – Sanctions

Not present (excused): Frank Cortese – Vice Chair, David Herrold- Member at Large, Mike Doyle-Treasurer, Megan Alpha- Social Media, Scott Jarvis -Open Water

Others present: Tom Barton, Ted Romine, Ida Hlavacek, Sandy Thatcher, Jana Kappel, Kristine Hinkamp, Brad VonReaden, Michelle Zigon, Lorraine Deslarzes, Ginnie Holmes, Chris Kobler, Peter Lin

Order of Business

A. **Roll Call.** Board Members listed above

B. **Reading, correction and adoption of August Board meeting minutes**

- Bob Tierny moved to approve, Michael Anton second, minutes approved.

C. **Reports of the Officers** – see attached document *2025 NTLMSC Annual Board of Directors Annual Report*

D. **Reports of the Committees** – see attached document *2025 NTLMSC Board of Directors Annual Report*

E. **Instillation of our 2026-2027 NT LMSC Officers election via email**

Election took place electronically, November 17th – November 23rd.

- **Chair** - Jacky Merianos
- **Vice Chair** – Cindy Myer
- **Treasurer** – Michael Doyle
- **Secretary** – Diana Brodeur
- **Membership** – Cindy Myer

- **At Large** – David Herrold
- **At Large** – Michael Anton

F. **2025 NTLMSC Awards Presentation**

- **King and Queen of NT LMSC** – Marshall and Trin Campbell
- **NT All Star Award** – Tri Now Club coached by Frank Cortese
- **Lynn Morrison Lifetime Service Award** – Cindy Myer

G. **Unfinished Business**

- **Grownup Swimming update** – still looking for a director
- **Website/Communications update** – moved from Blue Host to Wix, work in progress on additional functionality in pulling up individual USMS results. Contact Bob Tierney if you notice any inconsistencies.
- **NTLMSC records update** – A big thank you to Tom Wolf and Bob Tierney for assembling official NTLMSC Records! North Texas records are now live—check out the listings on our website.

H. **New business**

- **National Office Updates (2025) –**
 - Sanction process has changed, and board will be informed.
 - 2026 registrations must indicate competition or non-competition
 - In talks to bring Louisiana LMSC into SC Zone which has been approved on local level, if approved by National in 2026 they will join our Zone.
- **2026 Zone Championships and local meets and events**
 - WMST (Gulf) to host the 2026 Spring Zone Championships, March 27-29
 - At this point there will be no Summer LC Zone meet
 - The Zone voted during their Annual Meeting to introduce a SCM Zone meet. WMST were selected to be our first hosts and will be hosting the 2026 Fall Zone Championships November 14th and 15th
 - Check USMS calendar: Far Out 1000 Jan 25. TFAM Fast Five meet end of Jan or early February. TFAM Sprinting into Spring meet in March. TFAM Freestyle Clinic by Coley Stickels Feb 1. Abilene master's clinic open to all on March 1.

I. **Questions/Comments/Feedback for the NTLMSC Board?**

- Look for 25M facility for meets

J. **Resolutions and Order**

K. **Adjournment** moved by Alison and second by Cindy at 3:39



NORTH TEXAS LOCAL MASTERS SWIM COMMITTEE BOARD OF DIRECTORS: 2025 REPORTS

CHAIR AND VICE CHAIR REPORT (Jacky Merianos & Frank Cortese)

As we wrap up another successful year in North Texas, we want to extend heartfelt thank you to our dedicated North Texas LMSC Board of Directors. Their commitment to prioritizing the needs of our masters swimmers and their tireless efforts in coordinating local events and opportunities have been central to our success. The achievements of our LMSC this year would not have been possible without their time, energy, and leadership.

Please take a moment to review the reports below for a full look at our year's work.

TREASURER REPORT (Michael Doyle)

Financial Highlights of the 2025 year:

- We currently have \$60,653 of cash
- 2025 membership revenue was \$5,934 vs. \$6,772 in 2024
Although our membership numbers increased in 2024, the National Office reduced its allocation from \$15 per swimmer to \$12 per swimmer
- Between donations, interest and rebates, we received another \$1847 of revenue.
- Our largest expenses for the year were Swim De Mayo & Open Water Events (\$4,420), Event Host Grants (\$2,146) and Go the Distance (\$2,090).

Financial statements are available for review upon request.

SECRETARY REPORT (Lynn Morrison)

Minutes and Financials from our 2024 Annual Board Meeting were timely submitted to the national office (USMS). They can be viewed on USMS.org and on Northexasmasters.org. Additionally, all minutes from our 2025 Board meetings may be viewed on northtexasmasters.org.

MEMBERSHIP COORDINATOR REPORT (Cindy Myer)

NTLMSC membership increased by 6.1% in 2025, closing the year with 1,185 members compared to 1,117 in 2024.

Please see **Appendix A** at the end of this report for detailed NTLMSC individual and club membership statistics. The appendix includes 2024, 2025 and 2026 membership data (2026 data through November 5, 2025).

SANCTIONS CHAIR REPORT (Alison Moore)

NTLMSC sanctioned seven pool events and two open water events in 2025. Of the pool meets, 5 were SCY, 1 was LCM, and 1 was SCM. The SCM meet was canceled due to a pool pump issue, and the meet director chose not to reschedule.

TOP TEN/RECORDS CHAIR REPORT (Tom Wolf)

NTLMSC's final individual and relay reports for the Long Course season ending September 30, 2025, were submitted to the national office, which is a prerequisite for the publishing of the Top Ten rankings for the 2024-25 season. The reports included validated results for the TFAM Last Chance for Long Course sanctioned meet. No date for the draft of the Top Ten times has been issued.

There has been no formal communication for a replacement for Mary Beth Windrath, the former national Top Ten coordinator. Communication from the national office has been minimal. The World Aquatics Top Ten Times for the Long Course and Short Course Meters 2024 season were finally posted in September. The All-Time Top Ten Times have not been updated as of this report.

The USMS 2024-25 Top Ten Times for Short Course Yards are finalized and posted on the USMS web site. North Texas has 152 individual and 33 relays Top Ten performances, both of which are the second highest totals for North Texas since 1971. The top years were 2021 for individuals (191) and 2022 for relays (56). Highlights of this year's top ten:

- Five women and five men with 6 or more Top Ten Times
- 45 individual Top Ten Times from the men's Medicare age groups (65-69, 70-74, and 80-84)
- 15 Mixed Relay Top Ten Times

COACHES CHAIR REPORT (Jacky Merianos)

LMSC Workouts and clinics

This year, five North Texas masters coaches generously assisted with our two LMSC hosted workouts. We extend our sincere thanks to Jenny Rogers (PAMS), Janna Kappel (ABI), Lynn Morrison (LSM), Jacky Merianos (LSM/YDAL), and Chris Jones (TFAM) for their time and support.

USMS Coaches Certification

The South Central Zone is exploring the possibility of hosting a Coach Certification weekend in one of our LMSCs in 2026. We plan to provide financial assistance to NTLMSC coaches pursuing these certifications. Scholarship options will be discussed further once a certification weekend is confirmed.

FITNESS CHAIR REPORT (Cindy Myer)

Go the Distance Initiative

Please view **Appendix B** for 2024-2025 Go the Distance Comparison Data.

In 2024, the individual GTD quarterly awards' format was changed from the Top 3 miles swam to a random draw of 3 participants meeting the eligibility requirements (must swim at least 10 miles per month within the quarter). Winners receive a \$50 gift card from Xtreme Swim. In addition, clubs with 25% of their registered members meeting the individual GTD eligibility requirement will receive .09 per mile instead of .07. No club has yet to reach the 25% threshold (a few are close).

NTLMSC's 5th Annual Summer LCM Workout

Saturday, June 8th | Westside Aquatics Center (WAC)

We had a great showing for 5th Annual Long Course Workout on June 8th. In total, we had 22 swimmers join us for an hourlong workout and some fun Rodeo Relays. The relays doubled as a way to promote our virtual swim rodeo and it worked! Following the workout, five more masters registered for the Swim Rodeo.

North Texas (Virtual) Swim Rodeo

Memorial Day – Labor Day

Swim Dallas → Fort Worth (or 2 step back to Dallas)

Our first ever Virtual Swim was a success! 45 participants swam 35.1 virtual miles from Dallas to Fort Worth or the 70-mile round trip (2-steppin'). Thank you, Diana Brodeur for all of your work on putting this event!

ThanksSwimming: Workout and Annual Meeting

Following a successful event last year, ThanksSwimming returns for its second year! Our board agrees this is a great way to bring members together for our annual meeting. The event will take place on Saturday, November 22nd -- we look forward to another great gathering this year!

COMMUNICATIONS CHAIR REPORT (Jacky Merianos)

We're excited to welcome Courtney Batten as our new Communications Chair! Since joining us this summer, Courtney has been working diligently behind the scenes to enhance our electronic communications. She is currently developing an LMSC communications plan for 2026, which will launch in January.

SOCIAL MEDIA CHAIR REPORT (Megan Alpha)

The first half of the year presented challenges with our social media platforms, as we were locked out of our Facebook and Instagram accounts. We are happy to share that full access has now been restored.

Although we've been quiet online, we plan to resume activity in January 2026 😊

OPEN WATER CHAIR REPORT (Scott Jarvis/Jacky Merianos)

Swim de Mayo [OW Race]

Following last year's cancellation, we were thrilled to bring back Swim de Mayo in 2025! The race took place at Lynn Creek Park in Grand Prairie, offering three distances—1.25k, 2.5k, and 5k. This race served as the 2nd stop on the 2025 South Central Zone Open Water Grand Prix.

We welcomed 58 swimmers to the race this year. While revenue met expectations, expenses exceeded projections. After securing permits and making various race arrangements, the City of Grand Prairie informed us of additional safety personnel required, adding \$2,500 in unforeseen costs. With registration already open, the board voted to proceed despite the deficit. Looking ahead, we are exploring new venues for next year's race.

Open Water Swim Challenge [OW Race]

Tri-Now continues to offer three masters swim waves at their annual Open Water Swim Challenge (750m, 1500m, and 2.4 miles). A total of 30 masters participated this year. This marks the third year we've collaborated with Tri-Now to include masters swim waves in their event. Our swimmers had an absolute blast!

The Open Water Swim Challenge was also a stop on the 2025 South Central Zone Grand Prix.

WEBMASTER REPORT (Bob Tierny)

NTLMSC domain is now pointing to WIX!

The migration of the NTLMSC website from Bluehost to WIX is nearly complete. The domain name was assigned already - meaning that "northtexasmasters.org" will now point to the WIX hosting site. The website looks very similar to the previous one, but we are now in a position to make changes (add content and features) more easily.

Why the change? The previous site was running Bluehost which had bunch of limitations and challenges (old tech). Making changes and adding features required a huge development effort. WIX uses technology that is more current and provides additional flexibility.

Bad news: Because this is still being migrated there are undoubtedly some errors. I am currently going through the site to look for typo's, missing pages, images, broken links, etc. If you run across something that seems in error, or even if it doesn't make sense, please let me know immediately so that I can address it. There are some layout issues that need to be addressed, and the site has not yet been optimized for mobile devices. That's next on my list.

Good news: WIX makes it easy to adjust on the fly. It also allows for us to easily add features that were not available (or broken) on the previous site. For example:

- Support for Instagram feeds
- Email support for things like newsletters
- Ability to create dynamic content

Check it out: Speaking of dynamic content, If you go to the "[Records and Standings](#)" page, you can view NTLMSC Records, Top 10, as well as view your own times (you'll need your USMS ID). This page is a "work in progress" but will hopefully give you a sense of the features that we can provide using this new hosting provider.

There is much left to do and I look forward to hearing feedback - positive and negative.

COMPETITION COMMITTEE REPORT (Cindy Myer, Lynn Morrison & Jacky Merianos)

In 2025 we had 7 pool meets and 2 open water swims happen in North Texas. This is one more meet than last year (2024) and two more meets than 2023. Thank you to the following club teams for hosting these great events for our masters swimmers: Tri-Now Endurance, Texas Ford Aquatics Masters, Royal Oaks Masters and Dallas YMCA Masters!

This year, we awarded more than \$2,000 in support to meet hosts. From covering officials' fees to funding awards, our goal was to ensure that every meet director not only broke even but also generated some revenue.

We're excited to continue supporting our meet directors as they prepare to host events in 2026. As of today, the following meets have been added to our 2026 Calendar:

- Far Out 1000 (*Sun, January 25*)
- Fast Five Pentathlon (*Date TBD: late Jan or early Feb*)
- Open Water Swim Challenge (*Sun, July 12*)

More events to be announced in early 2026!

CLINIC COMMITTEE REPORT (Cindy Myer, Lynn Morrison & Jacky Merianos)

This year, our LMSC hosted two coached workouts: an LCM workout in June and an SCY workout in November (scheduled for November 22). These workouts have become hallmark events that members look forward to each year.

No clinics were held this year, as Lynn Morrison, our clinic coordinator, was unexpectedly on medical leave. Clinics will return in 2026, with two already scheduled:

- Freestyle Clinic with Coley Stickles – Frisco, TX (February 1st)
- Abeline Masters Clinic – Abeline, TX (March 2nd)

In addition to these clinics, we hope to add a Fall clinic and potentially a summer clinic to our lineup!

APPENDIX A: 2025-2026 NTLMSC Membership Report

Membership 2024 vs. 2025, 2026 (Nov 04) Summary

North Texas Registered	2024	2025	2026 *
Total Registered	1,117	1,186	181
Men	667	691	117
Women	450	495	64
North Texas Clubs	16	18	14
Self-Identified Coaches	54	51	4
 South Central Zone Registered	 2024	 2025	 2026 *
North Texas	1,117	1,186	181
Arkansas	177	181	25
Gulf	921	880	135
Oklahoma	164	185	28
South Texas	1,114	1,310	242
 National Members Registered	 2024	 2025	 2026 *
Members Registered	58,139	70,438	9,537
Men	29,473	35,326	5,162
Women	28,666	35,112	4,375
National Clubs			
Registered clubs	1,134	1,370	955
Self-Identified Coaches	2,399	2,481	257

2026 * as of 11-05-24

APPENDIX B: 2024 Go the Distance Summary

2024 v YTD 2025 Summary

USMS GTD 2024 Top 10

LMSC	Count of Participants	2024 Total Miles
Pacific	128	31,859.69
Southern Pacific	123	27,666.70
North Texas	109	24,065.81
New Jersey	77	20,404.66
Indiana	95	19,465.85
Florida	64	18,207.02
Gulf	74	16,232.46
Oregon	56	14,612.91
New England	43	11,028.63
Georgia	40	10,602.23

Note: Above reflects miles recorded per GTD reports posted on the USMS website

USMS GTD YTD (Nov 04) 2025

LMSC	Count of Participants	2025 Total Miles
Pacific	126	26,539.65
Southern Pacific	117	23,057.46
North Texas	95	18,594.77
New Jersey	74	15,843.47
Gulf	68	14,316.65
Indiana	86	13,767.90
Florida	59	13,519.24
Oregon	48	11,385.96
Delaware Valley	40	8,883.83
New England	39	8,597.35

South Central Zone GTD 2024

LMSC	Count of Participants	2024 Total Miles
North Texas	109	24,065.81
Gulf	74	16,232.46
South Texas	33	8,319.95
Arkansas	7	1,819.91
Oklahoma	1	206.50
Grand Total	224	50,644.63

South Central Zone GTD YTD (Nov 04) 2025

LMSC	Count of Participants	2025 Total Miles
North Texas	95	18,594.77
Gulf	68	14,316.65
South Texas	34	6,155.98
Arkansas	8	2,370.94
Oklahoma	5	416.86
Grand Total	210	41,855.20

North Texas LMSC Clubs GTD 2024

Club	Count of Participants	2024 Total Miles
LSM	46	10,657.52
TFAM	18	4,764.47
PCAT	15	4,080.82
PAMS	5	1,625.10
O2	7	1,256.21
RIDG	4	842.79
UC26	9	726.75
ABI	2	61.15
CWTWN	1	49.64
MARS	1	1.36
FAST	1	0.00
Grand Total	109	24,065.81

North Texas LMSC Clubs GTD YTD (Nov 04) 2025

Club	Count of Participants	2025 Total Miles
LSM	43	9,010.88
TFAM	17	3,834.03
PCAT	8	2,629.71
PAMS	8	1,820.48
UC26	9	638.60
RIDG	4	426.52
O2	2	186.73
ABI	4	47.82
Grand Total	95	18,594.77