

Report to be given on: Fri ___ Sat ___ (check one)

(Fill in Session # if you have more than 1 meeting)

Committee Chair: James W. Miller, M.D. Recorder: Patricia Powis

Action Items

1. Amend the proposal on the role of the Medical Liaison to say that “[t]he role of the liaison *in attendance for the duration of the camp* would therefore include *but not be limited to:*” (New suggested language in italics). Submit the amended proposal to the House of Delegates.
2. Send outlines of proposed articles for SWIM magazine to the USMS Editor at least four months before an article is to be published. Motion was seconded and approved.
3. Work with USMS Editor of SWIM to have an Ask the Doctor feature in SWIM four times per year in which the Sports Medicine Committee would respond to medical questions.
4. Report the study committee’s proposed study on motion disorders favorably for consideration of funding by the USMS Foundation.
5. Recommend to the Convention Committee that sports medicine lectures continue at USMS conventions.
6. Sports Medicine Committee join with USMS Coaches Committee in their efforts to create a Masters track at the ASCA world clinic with goal of sharing research and expertise with ASCA coaches on topics germane to aging athletes. Seconded and approved.

Attendance

Number of committee members present: 6 Number of committee members absent _____

Total number of delegates attending the meeting: 38. ***Give the roll, a copy of the minutes, and a disk with the minutes to the Secretary.***

Minutes

Minutes should follow the order of the committee's agenda.

I. Introduction of committee members

II. Old Business

A. Review of articles from last convention

1. Ed Nessel has drafted an article on GERD, which Jim Miller will co-author. (ETA – one month, already drafted)
2. Jane Moore is working on an article on anemia, possibly focusing on females.
3. Jody Welborn is drafting an article on atrial fibrillation, as well as an article on medications and exercise (ETA- 3-6 weeks for both articles)
4. Doug Huestis has completed an article on optimizing the recovery process (ETA – with SWIM magazine now)
5. Wayne McCauley is re-writing a heart rate monitor article.

6. Eddie Ames expressed interest in writing an article on movement disorders and competitive swimming. This article would highlight the research grant on movement disorders that is before the USMS Foundation for consideration. (ETA – May)
7. Pat Timmons is working on an article on female triad (ETA - ?) (Just make sure it doesn't conflict with Jane Moore's anemia article.)

B. Survey results so far from altitude training camp

1. Jim Miller went over the summary results, which are on the attached document, titled "Survey Summary – Altitude Training Camp."
2. Although the survey at the training camp asks for information on medications taken, there really is not enough information yet (because of the small sample) to see any trends. Also, the attendees so far have been elite swimmers so they may not be representative of all Masters swimmers with regard to medication.
3. It was suggested that committee members could do some surveying locally at meets. The committee noted that one purpose of altitude training camp survey is to refine the survey instrument, so once it is refined it can be used in other forums.
4. Jim Miller made a report prepared by Dr. Jane Moore after attending most recent altitude training camp a part of the record.

C. Review of policy proposal of the involvement of the Sports Medicine Committee at the Altitude Training Camps in Colorado Springs

See "G" below.

D. Report from the Foundation Committees

Doug Huestis reviewed the process of accepting for consideration grant proposals. The Sports Medicine Committee has not heard back from the USMS Foundation about its grant process.

E. Report re: medical consultations

Jim Miller reported that he continues to receive frequent requests for medical advice from swimmers through USMS.

F. Report from the National Championships re: coordination of medical care

Jim Miller reported that he suggestions made in his position as medical coordinator at national champs have been carried out with regard to resuscitation equipment on hand and ALS on site.

G. Role of USMS Medical Committee Liaison at the Altitude Training Camps in Colorado Springs

1. Document provided by JWM at meeting and comments solicited. Question about why there couldn't be more Sports Medicine liaison at training camps. Jim Miller summarized history of Sports Medicine Committee's involvement. In the most recent experience, Jane Moore's attendance at last altitude training camp, her involvement was limited to one day of attendance by those running the camp. The future of Sports Medicine Committee's involvement will depend on the position on this issue taken by the Executive Committee and camp organizers.

2. **It suggested to amend proposal on the role of the Medical Liaison to say that “[t]he role of the liaison *in attendance for the duration of the camp* would therefore include *but not be limited to:*” (New suggested language in italics). A motion to amend the proposal and submit the amended proposal to the House of Delegates was seconded and approved.**

III. New Business

A. Review of editorial process for SWIM with emphasis on ways to streamline the process

1. Bill Volkening suggested that authors from Sports Medicine Committee send outline of articles to the USMS editor before submission of the articles. Volkening would like to see outline at least four months before the article is to be published. **Motion to send outlines of proposed articles (with the exception of the column discussed below) at least four months before an article is to be published. Motion was seconded and approved.**
2. Volkening also suggested that the Sports Medicine Committee provide a feature like “Ask the Coach” that would be “Ask the Doctor.” Questions for the feature would be generated by the Sports Medicine Committee Chair. **Motion to work with USMS editor to have an Ask the Doctor feature in SWIM four times per year in which the Sports Medicine Committee would respond to medical questions. Motion was seconded and approved.**

B. Review of proposed research for approval for funding

1. Any comments on the research on motion disorders will come from the USMS Foundation, from which funding has been sought.
2. **There was a motion to report the study favorably for consideration of funding by the USMS Foundation. Seconded and approved.**
3. The committee thanked Eddie for the effort that he put into this research proposal.

C. Sports Medicine lectures for future conventions

Motion to recommend to the Convention Committee that sports medicine lectures continue at USMS convention. Seconded and approved.

Motion that the Sports Medicine Committee join with USMS Coaches Committee to in their efforts to create a Masters track at the ASCA world clinic with goal of sharing research and expertise with ASCA coaches on topics germane to aging athletes. Seconded and approved.

D. Assignment of articles for publication

This topic was covered in old business.

E. USMS deadlines for SWIM

Bill Volkening submitted deadlines for articles to SWIM for 2002.

Meeting was adjourned.