

Mail entry and fees to:  
 USMS LC2000  
 Barbara Protzman  
 7919 Main Falls Circle  
 Catonsville, MD 21228

## 2000 USMS National Long Course Championships Official Entry Form



**University of Maryland, Baltimore County (UMBC)  
 Baltimore, Maryland August 17-20, 2000**

*Sanctioned by the Maryland LMSC for USMS, Inc. - Sanction number 090-006*

Name\* \_\_\_\_\_ USMS Reg. # \_\_\_\_\_  
Last First Middle Initial (Foreign entries include Masters registration card)

Address \_\_\_\_\_  
Street City State ZIP Country

E-Mail \_\_\_\_\_ Day Phone \_\_\_\_\_ Eve. Phone \_\_\_\_\_  
A/C A/C

Emergency \_\_\_\_\_ Age \_\_\_\_\_ Birthdate \_\_\_\_\_ Sex \_\_\_\_\_  
Name Phone No. (on 12/31/00) (Month/Day/Year) M/F

Club Name or Unattached \_\_\_\_\_ Club Abbreviation \_\_\_\_\_

\*Print name as it appears on USMS registration card.

### BEFORE COMPLETING, READ MEET INFORMATION ON PREVIOUS PAGES.

*Entries must be U.S. postmarked by July 6, 2000 or received by July 13, 2000*

Event No.	Entry Time Women	T	6	Event	Event No.	Entry Time Men	T	6	
<b>Warm-Up 6:30</b>				<b>THURSDAY, AUGUST 17, 2000</b>				<b>Start 7:30 a.m.</b>	
1				800 FREESTYLE**	2				
3				1500 FREESTYLE**	4				
<b>Warm-Up 6:30</b>				<b>FRIDAY, AUGUST 18, 2000</b>				<b>Start 7:30 a.m.</b>	
5				400 INDIVIDUAL MEDLEY**	6				
7				50 BACKSTROKE	8				
9				200 FREESTYLE	10				
11				100 BREASTSTROKE	12				
13				200 BUTTERFLY	14				
15	SEE RELAY FORM			200 MEDLEY RELAY	16	SEE RELAY FORM			
17	SEE RELAY FORM			200 FREE RELAY	18	SEE RELAY FORM			
<b>Warm-Up 6:30</b>				<b>SATURDAY, AUGUST 19, 2000</b>				<b>Start 7:30 a.m.</b>	
****	WOMEN'S 400 SUN	***	***	400 FREESTYLE (MEN)**	20				
21				50 BUTTERFLY	22				
23				200 BREASTSTROKE	24				
25				100 BACKSTROKE	26				
27				50 FREESTYLE	28				
29				200 INDIVIDUALMEDLEY	30				
31/32	SEE RELAY FORM			200 MIXED MEDLEY RELAY	31/32	SEE RELAY FORM			
<b>Warm-Up 6:30</b>				<b>SUNDAY, AUGUST 20, 2000</b>				<b>Start 7:30 a.m.</b>	
33				400 FREESTYLE (WOMEN)**	****	MEN'S 400 SAT.	***	***	
35				100 BUTTERFLY	36				
37				50 BREASTSTROKE	38				
39				200 BACKSTROKE	40				
41				100 FREESTYLE	42				
43/44	SEERELAY FORM			200 MIXEDFREERELAY	43/44	SEE RELAY FORM			

**Entry Checklist**

Entry form filled out completely?

"T" and "6" events clearly marked? ("T" is for NQT's that have been met. Mark "6" only if entering 6 events.)

Seed times in proper columns?

No more than three events per day entered?

Liability release signed and dated?

Fees payable to "Maryland Masters LC2000" enclosed?

International permit attached?

SASE enclosed? (Indicate purpose on envelope.)

Entry postmarked by July 6, 2000, or received by July 13, 2000, deadline?

**QUESTIONS? Call (410) 788-2964 before 10 p.m. EST**

\*\*Check-in required: See Meet Information. You may enter either the 800 Free or the 1500 Free, not both.  
 Check only if you would like to swim two per lane: 800 free \_\_\_\_\_ 1500 free \_\_\_\_\_

Internet Entries will be accepted starting 4/01/00. Please see www.usms.org for additional information.

**Liability Release:** "I, the undersigned participant, intending to be legally bound, hereby certify that I am physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware of all the risks inherent in Masters Swimming (training and competition), including possible permanent disability or death, and agree to assume all of those risks. AS A CONDITION OF MY PARTICIPATION IN THE MASTERS SWIMMING PROGRAM OR ANY ACTIVITIES INCIDENT THERETO, I HEREBY WAIVE ANY AND ALL RIGHTS TO CLAIMS FOR LOSS OR DAMAGES, INCLUDING ALL CLAIMS FOR LOSS OR DAMAGES CAUSED BY THE NEGLIGENCE, ACTIVE OR PASSIVE, OF THE FOLLOWING: UNITED STATES MASTERS SWIMMING, INC., THE LOCAL MASTERS SWIMMING COMMITTEES, THE CLUBS, HOST FACILITIES, MEET SPONSORS, MEET COMMITTEES, OR ANY INDIVIDUALS OFFICIATING AT THE MEETS OR SUPERVISING SUCH ACTIVITIES. In addition, I agree to abide by and be governed by the rules of USMS."

Signature \_\_\_\_\_ Date \_\_\_\_\_

<b>FEES:</b>	
Meet Surcharge (required)	\$30
Number of Individual Events _____ x \$4	_____
Final Results _____ x \$10	_____
T-Shirt size _____ x \$15	_____
Social _____ x \$30	_____
<b>TOTAL FEES ENCLOSED</b>	_____
Check or money order payable to <b>"Maryland Masters LC2000"</b>	