

Results for “Go the Distance” February, 2008

The USMS Fitness Event “Go the Distance” (GTD) now has well over 500 participants – and this event continues to grow! Goodness, the word is out that we’re having fun!

Folks are swimming all over the country and those miles are really starting to add up. A hearty congratulations to the 168 participants who achieved the distance milestone of “50 miles” in February – way to go! There were 35 swimmers that zoomed by the “100 miles” threshold, 5 more at the “150 miles” mark and 3 who can celebrate swimming over “200 miles” so far this year. Of course, we have our 2 GTD Xtreme participants who have already swum over 300 miles – wow!

A complete list of participants that have achieved a GTD Distance Milestone this month are posted on the USMS website as well as a complete list of all distance milestone achievements for 2008. There are lots of results also available for your review.

The total distance for all GTD participants is 25999.48 miles! The maximum distance by an individual is 333.74 miles and the average for all of us in February is 51.18 miles.

Our GTD “workout groups” are starting to form and coming up with some great goals. Their progress towards these goals are included in the GTD results.

We have several GTD Highlights this month. There is a great quote that I’m sure you all will enjoy. There is also a wonderful story about a swimmer training for a triathlon (this will make you giggle) as well as a nice tribute and thanks from one GTD pal to another.

Wishing you all lots of fun swimming each and every mile in March!

Your GTD Swimming Pal,
Mary Sweat