

## September, 2009 Achievers of Distance Milestones - Congratulations!

### 1000 Miles

Darcy	LaFountain	50-54
Don	Tatzin	55-59

### 750 Miles

Michael	Carew	60-64
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### 500 Miles

Kristin	Aziz	40-44
Hop	Bailey	60-64
Christie	Ciraulo	55-59
Adair	Dingle	50-54
Tom	Green	50-54
Elaine	Howley	30-34
James	Jonsson	45-49
David	Juchniewicz	55-59
Carrie	Kostopulos-Doebler	35-39
Kristi	Lee	30-34
David	Redinger	35-39
Mary	Sweat	50-54

### 400 Miles

Martin	Barnes	30-34
Jennifer	Bauman	35-39
Amy	Beisheim	25-29
Robert	Bibb	45-49
Wayne	Deloney	45-49
Chris	DeSisto	45-49
Rose Marie	Di Rosato	75-79
Kurt	Dickson	40-44
Karen	Einsidler	50-54
Bill	Evans	55-59
Kerry	Frame	40-44
John	Gale	50-54
Peter	Guadagni	50-54
Ali	Hall	45-49
Andrea	Hunt	60-64
Ed	March	60-64
Susan	Miller	50-54
Heidi	Natkin	35-39

Stephen	O'Neill	50-54
Deborah	Peters	40-44
Laura	Petrini	50-54
Rachel	Rivera	30-34
Niki	Stokols	50-54
Susan	Torpy	50-54
Morton	Wolf	60-64
John	Zeigler	60-64

### 365.25

David	Balling	50-54
David	Barra	40-44
Debbie	Bond	50-54
Paul	Bousel	55-59
Walter	Carter	50-54
Jenny	Cook	50-54
Jeremy	Diers	35-39
Louis	Farmer	55-59
Adina	Kletter	35-39
Bruce	Morey	50-54
Kirk	Nelson	35-39
Christopher	Pankey	55-59
Andrew	Perry	40-44
James	Proffitt	40-44
Daniel	Smith	45-49
Paula	Smith	55-59
Martin	Turecky	40-44
Dell	Upton	60-64
Lindsey	Urbatchka	25-29
Greta	van Meeteren	60-64
Paula	Yankauskas	55-59

### 300 Miles

Michael	Asam	35-39
Judy	Bracken	50-54
Jane	Cheney	45-49
Theodore	Collins	45-49
Jed	Cronin	60-64
Karlene	Denby	55-59
Floyd	Fisk	55-59
Beth	Foster	55-59

Anne	Frayne	55-59	Claire	Gregg	65-69
Jean	Gallagher	50-54	Tracy	Grilli	50-54
Caroline	Gatto	45-49	Brenda	Hershberger	45-49
Cheryl	Gettelfinger	50-54	Bridgette	Hobart	45-49
David	Harmer	60-64	Jeff	Janosik	40-44
Kildine	Harms	55-59	Christopher	Mart	50-54
Michael	Heather	55-59	Jim	Matysek	50-54
Kevin	Hoffman	50-54	Ann	McDonnell	70-74
Kevin	Hupp	40-44	Stephanie	Miller	25-29
Stephen	Justinger	55-59	Alison	Moore	35-39
Bob	Leuten	65-69	Kevin	Mortensen	50-54
Sally	Menk	70-74	Michael	Muma	55-59
Sandy	Mitchel	50-54	Alan	Nagasawa	55-59
John	Muhich	45-49	Jennifer	Parks	65-69
Alan	Parker	55-59	John	Porcella	45-49
Alan	Pfeiffer-Traum	55-59	Kenneth	Resnick	50-54
John	Richardson	45-49	Tom	Robertson	65-69
Michael	Schaeffer	50-54	Daniel	Rogacki	60-64
Daniel	Slick	60-64	Anne-France	Saillot	45-49
Jeffrey	Strahota	25-29	Karen	Servas	45-49
Cameron	Sullivan	40-44	Bob	Shepler	55-59
Ann	Sykes	55-59	Tracy	Shoemaker	45-49
Peter	Turner	50-54	Linda	Shoenberger	60-64
Robin	Walker	50-54	Bob	Sinsheimer	60-64
Lisa	Watson	55-59	Brian	Stack	55-59
Dave	Welch	50-54	David	Thomas	45-49

## 250 Miles

Valerie	Anderson	50-54	Elizabeth	Thornton	55-59
Marcia	Anziano	60-64	Helen	Tiedemann	45-49
Jeff	Bailey	40-44	Helen	Vetter	65-69
Michael	Bell	40-44	John	Vranesh	55-59
Michael	Bullock	60-64	Wendy	Weinberg	60-64
Joan	Campbell	75-79	Heidi	Williams	40-44
Deborah	Chassler	55-59			
Marcia	Cleveland	45-49			
Les	Cutler	65-69			
Brian	Davis	45-49			
Suzanne	Dodd	45-49			
Sumie	Emory	55-59			
Carolynn	Foley	65-69			
Anna	Forest	40-44			
Therese	Gigliotti	45-49			
Stephen	Glassman	60-64			

## 200 Miles

Doug	Adamavich	40-44
Adrienne	Anderson	40-44
Stephen	Arvedson	40-44
Scott	Bay	40-44
James	Bruckart	50-54
Jeffrey	Bush	50-54
Jim	Callahan	50-54
Malinda	Case	65-69
Nancy	Crossman	55-59
Susan	Cushman	45-49

Robyn	Dean	50-54	Louis	De Leon	30-34
Anna	DeLozier	45-49	Rob	Dumouchel	25-29
Maureen	Dwyer	45-49	Andy	Eberheart	35-39
Barbara	Eisele	75-79	Leonard	Gerlowski	50-54
Veronica	Ellingson	35-39	Dewey	Gilbert	45-49
David	Evans	40-44	Jeri	Gintert	45-49
Erin	Ferer	30-34	David	Hinz	45-49
Jackie	Foster	55-59	Jennifer	Hodges	35-39
Jack	Fritts	55-59	Zoe	Johnson	35-39
Lacy	Fuller	30-34	Jean-Marie	Lacobee	55-59
Jill	Gellatly	40-44	Douglas	Little	45-49
Mark	Glenesk	50-54	Kristen	Lowry	45-49
Mel	Goldstein	70-74	Jerry	Mayer	65-69
Suzi	Green	45-49	Michael	Moore	55-59
Bernie	Hereth	45-49	Carol	Morman	55-59
Jim	Ivelich	45-49	Carolyn	Pratt	25-29
Deanna	Johnson	50-54	Suzy	Reierson	55-59
Susan	Kirk	45-49	Bill	Sandford	55-59
Lida	Kuehn	45-49	Brian	Schilf	35-39
Catherine	Lee	50-54	Carl	Schmidt	45-49
Erika	Maresca	35-39	Sandra	Stenglein	65-69
Marta	McClay	50-54	Chris	Stevenson	45-49
Paul	Moke	55-59	Dahlia	Thompson	30-34
Karen	Olson	50-54	Janeil	Tillmann	45-49
Stan	Perry Jr	75-79	Orlynn	Tumminello	40-44
Scot	Phinney	50-54	Thomas	Weber	75-79
Karin	Segal	50-54	Kami	Whitney	30-34
Beth	Smith	45-49	Katie	Whitworth	35-39
Ed	Tsuzuki	50-54	Philo	Willetts Jr	65-69
Karen	Watson	45-49	Flavia	Zappa	40-44
Clark	West	45-49			
Nana	Whalen	70-74			
Kenneth	Winterberger	55-59			

### 150 Miles

Hector	Acevedo	40-44
Dominick	Aiello	75-79
Patricia	Anixter	55-59
Rob	Beeler	40-44
Lisa	Bennett	35-39
Richard	Carlson	55-59
Laura	Caskey	40-44
Louis	Ceci	55-59
Mark	Comfort	55-59

### 100 Miles

Richard	Bernstein	60-64
Forest	Brooks	60-64
David	Camacho	25-29
Susie	Caso	60-64
Erin	Crabtree	25-29
Lana	Crevier	30-34
Doug	Esch	40-44
Robert	Fischl	75-79
Blaire	Fromm	25-29
Christopher	Gaw	40-44
William	Grohe	75-79
Theodore	Hart	40-44

Laurie	Hohwald	50-54	Paula	Pyrzcz	60-64
Jenny	Holzäepfel	35-39	Tina	Rocha	40-44
Jamie	Hulett	45-49			
Brooke	Lemmons	25-29			
Peter	Machado	25-29			
Cori	McConkle	55-59			
Anita	Mitchell	55-59			
Rita	Mt. Joy	65-69			
Mahlon	Poche	45-49			
Judy	Porter	35-39			
Kathy	Rice	50-54			
Mary	Ruppe	40-44			
Richard	Schluter	50-54			
Gregg	Seltzer	45-49			
Baker	Shannon	80-84			
Brad	Shouldice	25-29			
Jim	Stephens	50-54			
Karyn	Traphagen	50-54			
Ashley	Vandersteen	45-49			
George	Weber	75-79			
Alan	Woods	40-44			

## 50 Miles

Ben	Anixter	70-74
Judy	Anttonen	65-69
Ellen	Arnold	30-34
David	Bastian	45-49
Bill	Blalock	45-49
Eric	Caines	25-29
Kelly	Cantlen	40-44
Melissa	Conley	25-29
Isabelle	Fraser	70-74
Robert	Genis	40-44
Karen	Gernert	35-39
Amber	Hahn	25-29
Darren	Hammen	25-29
Steven	Kineman	50-54
Kevin	Leusing	45-49
Brenda	Macdonald	50-54
Jocelyn	Marrow	40-44
Ginny	Miller	25-29
Steve	Miller	45-49
Bryan	Mueller	30-34
Scott	Nichols	55-59