

RESULTS

EVENT NAME: 2007 10 K Postal National Championship
CHAMPIONSHIP EVENT: USMS National 5K and 10 K Postal
EVENT DATE(S): May 15- Sept 15
SANCTION NUMBER: OW 4307-004
EVENT DIRECTOR: Susan Ingraham
Address 302 Happy Trail
San Antonio, TX 78231
Phone 210-493-0388
E-mail Aquatex101@aol.com

WOMEN RESULTS

Place	Age Grp	First Name	Last Name	Age	Club abbr.	Time	New Record	Finish Points
1	18-24							
1	25-29	Rachel	Hughey	28	MINN	2:40:11.99		843
1	30-34	Karla	Rees	34	MVM	2:45:05.11		832
1	35-39	Nadine	Day	37	IM	2:17:57.77		972
2	35-39	Bridget	Baillie	38	ISF	2:45:58.08		808
3	35-39	Lisa	Elsener	38	MOVY	3:04:54.06		726
4	35-39	Suzanne	Dowling	38	MOST	3:25:44.90		652
1	40-44	Charlotte	Peterson	43	SPM	2:18:31.00		955
2	40-44	Victoria	Rian	40	ISF	2:27:24.49		898
3	40-44	Marcia	Cleveland	43	IM	2:28:26.77		891
4	40-44	Arlene	Delmage	44	OREG	2:32:58.99		865
5	40-44	Nicole	Vanderpoel	43	CMS	2:42:26.51		815
6	40-44	Toni	Hecksel	41	CMS	2:48:50.01		784
7	40-44	Katherine	McAteer	44	ISF	3:04:16.19		718
8	40-44	Kae	McDonald	44	CMS	3:17:47.12		669
9	40-44	Lynne	Lasser	44	IM	3:22:13.91		654
10	40-44	Flavia	Zappa	40	SPM	3:41:47.01		597
11	40-44	Jessica	Jolly	44	IM	3:48:08.99		580
12	40-44	Roberta	Varela-Hein	43	MOST	4:10:47.68		528
1	45-49	Denise	Brown	47	MICH	2:21:06.41		990
2	45-49	Mary	Sweat	49	OREG	2:33:36.26		910
3	45-49	Susan	Ingraham	48	MOST	2:43:44.50		853
4	45-49	Laura	Kaleel	46	SPM	2:47:30.99		834

Place	Age Grp	First Name	Last Name	Age	Club abbr.	Time	Record	Finish Points
5	45-49	Cheryl	Gettelfinger	49	ISF	3:05:42.88		752
6	45-49	Maddie	Diedo	48	MICH	3:09:21.14		738
7	45-49	Patricia	Rogers	47	OREG	3:10:25.99		734
8	45-49	Paula	Moores	49	SAWS	3:25:39.70		679
9	45-49	Sue	Moucha	49	BLUE	5:18:10.62		439
1	50-54	Elaine	Fincham	52	MOST	2:37:41.27		930
2	50-54	Ronda	Nisman	52	MOST	2:45:08.80		888
3	50-54	Kathy	Boyer	53	MOST	2:56:12.23		833
4	50-54	Jan	Johnson	52	ISF	3:10:55.07		768
5	50-54	Chris	Mayhew	53	MOST	3:31:58.58		692
6	50-54	Linda	Callaway	54	MOST	3:34:20.53		684
1	55-59	Shirley	Loftus-Charley	55	VMST	2:39:31.10		936
2	55-59	Jill	Wright	56	SAWS	3:20:08.99		746
3	55-59	Barbara	Larsen	59	ISF	3:39:27.62		681
4	55-59	Judy	Paukert	59	MOST	4:03:32.46		613
1	60-64	Barbara	Larsen	60	ISF	3:32:14.86		886
2	60-64	Lynn	Francis	63	MOST	5:51:45.32		535
1	65-69							
1	70-74	Doris	Prokopi	71	FMM	4:15:30.47		776

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MEN RESULTS

Place	Age Grp	First Name	Last Name	Age	Club abbr.	Time	New Record	Finish Points
1	18-24	Chase	Ingraham	24	MOST	2:26:47.23		915
2	18-24	Craig	Charley	24	VMST	2:48:23.40		877
1	25-29	Tim	Methric	29	IM	2:39:03.99		910
2	25-29	Joe	McBride	28	MOST	2:41:43.01		679
1	30-34							
1	35-39	Kurt	Dickson	39	ARIZ	2:09:29.00		930
2	35-39	Leslie	Bleamaster	36	MOST	2:31:20.61		914
3	35-39	Michael	Guirl	36	MOST	2:45:10.81		842
4	35-39	Mike	Nims	38	UNAT	3:15:13.10		836
1	40-44	Jeff	Erwin	43	SAWS	2:08:40.99		976
2	40-44	Tim	Waid	44	MOVY	2:32:44.09		801
3	40-44	Thomas	Evans	41	CMS	2:33:09.17		777
4	40-44	Robert	Higley	42	OREG	2:44:54.99		754
5	40-44	David	Perelstein	44	MOST	2:48:39.18		736
6	40-44	William	Marshall	44	COM	3:00:55.07		726
7	40-44	Alex	Osterneck	42	UNAT	3:19:52.99		724
8	40-44	Glenn	Garcia	41	MOST	3:39:52.88		722
1	45-49	Dave	Sebastian	45	IM	2:24:47.99		904
2	45-49	David	Young	49	CMS	2:32:24.05		880
3	45-49	Eric	Steinhauff	48	OREG	2:37:00.99		853
4	45-49	Stephen	Humphrey	48	CMS	2:37:12.20		829
5	45-49	Jeffrey	Magouirk	45	CMS	2:43:58.01		828
6	45-49	Bruce	Morey	49	MICH	3:03:08.84		818
7	45-49	Brent	Anderson	45	MOST	3:20:40.37		817
8	45-49	Chuck	Oswald	46	MOST	3:35:06.85		816

Place	Age Grp	First Name	Last Name	Age	Club abbr.	Time	Record	Finish Points
9	45-49	David	Nobles	46	COM	3:36:56.22		809
1	50-54	James	Stewart	50	MINN	2:19:28.56		895
2	50-54	Timothy	Kennedy	50	SPM	2:23:00.99		891
3	50-54	Kern	Davis	52	SPM	2:24:54.00		886
4	50-54	Joe	Aumiller	50	MICH	2:36:51.84		877
5	50-54	John	Flack	51	NCMS	2:45:30.31		851
6	50-54	Skip	Montanaro	53	IM	3:13:37.58		819
7	50-54	Steve	Erickson	50	MICH	3:18:59.71		813
8	50-54	David	Gude	51	MOST	3:21:03.86		798
9	50-54	Scott	Mortensen	53	MOST	3:23:59.79		785
10	50-54	Mark	Stone	51	UNAT	3:43:19.73		663
11	50-54	Gregory	Rotole	53	FMM	4:23:41.15		662
1	55-59	James	Ryan	55	GSM	2:27:22.16		909
2	55-59	Frank	Thompson	55	MICH	2:32:41.53		892
3	55-59	Bob	Bruce	59	OREG	2:43:57.99		863
4	55-59	Don	Morley	56	MOST	2:59:43.42		806
5	55-59	Ernie	Moye	59	MOST	5:19:32.60		803
1	60-64	Larry	Raffaelli	64	VCM	2:34:43.46		955
2	60-64	Vince	Herring	64	MINN	2:50:10.74		948
3	60-64	Charles	Zeese	60	MICH	3:36:55.02		867
4	60-64	Henry	Half	64	MOST	3:40:20.78		811
1	65-69	Michael	Wood	65	VCM	3:09:38.28		965
1	70-74	Colin	Cliff	72	NWS	3:11:36.25		952
2	70-74	Konrad	Eules	72	SPM	3:13:51.99		794
1	75-79	Robert	Beach	77	SPM	3:21:56.99		1037

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RELAY RESULTS

WOMEN

<u>Place</u>	<u>Age group</u>	<u>Club Name</u>	<u>Names of Swimmers</u>	<u>Time</u>	<u>Record</u>
1	18+				
1	25+				
1	35+	Team Illinois	Nadine Day, Marcia Cleveland, Lynne Lasser	8:08:38.45	
2	35+	Oregon Masters	Pat Rodgers, Mary Sweat, Arlene Delmage	8:17:01.24	
3	35+	IndySwimFit	Victoria Rian, Katherine McAteer, Bridget Bailie	8:17:38.76	
4	35+	St. Pete Masters	Charlotte Peterson, Laura Kaleel, Flavia Zappa	8:47:49.00	
5	35+	Masters of South Texas	Suzanne Dowling, Robert Varela-Hein, Judy Paukert	11:40:05.04	
1	45+	Masters of South Texas	Susan Ingraham, Elaine Fincham, Ronda Nisman	8:06:34.57	###
2	45+	Masters of South Texas	Kathy Boyer, Chris Mayhew, Linda Callaway	10:02:31.34	

MEN

1	18+	Masters of South Texas	Chase Ingraham, Les Bleamaster, Michael Guirl	7:43:18.65	###
1	25+	Team Illinois	Dave Sebastian, Skip Montanaro, Tim Methric	8:17:31.16	
1	35+	Oregon Masters	Rob Higley, Bob Bruce, Eric Steinhauff	8:05:53.97	
2	35+	Masters of South Texas	David Perelstein, Glenn Garcia, Chuck Oswald	10:03:38.91	
1	45+	St. Pete Masters	Timothy Kennedy, Kern Davis, Konrad Euler	8:01:46.98	
2	45+	Michigan Masters	Joe Aumiller, Charles Zeese, Steve Erickson	9:32:46.57	
3	45+	Masters of South Texas	Brent Anderson, David Gude, Scott Mortensen	10:05:44.02	
1	55+	Masters of South Texas	Don Morley, Ernie Moye, Henry Half	11:59:36.80	

MIXED

1	18+	Masters of South Texas	Susan Ingraham, Elaine Fincham, Chase Ingraham, Les Bleamaster	10:19:33.61	###
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<u>Place</u>	<u>Age group</u>	<u>Club Name</u>	<u>Names of Swimmers</u>	<u>Time</u>	<u>Record</u>
1	25+	Team Illinois	Nadine Day, Marcia Cleveland, Dave Sebastian, Tim Methric	9:50:18.52	###
1	35+	St. Pete Masters	Charlotte Peterson, Laura Kaleel, Timothy Kennedy, Kern Davis	9:53:56.98	###
1	45+	Oregon Masters	Pat Rodgers, Mary Sweat, Bob Bruce, Eric Steinhauff	11:04:58.23	
2	45+	Michigan Masters	Maddie Diedo, Denise Brown, Joe Aumiller, Steve Erickson	11:26:19.10	
3	45+	Masters of South Texas	Ronda Nisman, Kathy Boyer, David Gude, Brent Anderson	12:23:05.26	
1	55+	Masters of South Texas	Judy Paukert, Lynn Francis, Don Morley, Henry Halff	16:35:21.98	###