

**United States Masters Swimming
Postal National Championship**

RESULTS

CHAMPIONSHIP EVENT: 2010 10K National Postal Championship

EVENT DATE(S): 5/15/2010 - 9/15/2010

SANCTION NUMBER: 130-001p

SANCTIONING LMSC: North Carolina

SPONSORING ORG: North Carolina Masters Swimming

EVENT DIRECTOR: Bob Husson

Address 312 Avenue A

New Bern, NC 28560

Phone 252-638-8425

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10K RELAYS

WOMEN'S (3 Swimmers)

| Age group | Place | Club Name | Total Time | Names of Swimmers | | | MI | Age | Club Abbr | Individual | √ if a National Record |
|-----------|-------|---------------------------------------|-------------|-------------------|--------------|------|----|------|------------|------------|---------------------------|
| | | | | First Name | Last Name | Time | | | | | |
| 18+ | 1 | St Pete Masters Inc | 8:05:12.40 | Sarah | Kwon | R | 20 | SPM | 2:28:05.00 | | |
| | | | | Sarah | Swoch | R | 24 | SPM | 2:40:47.40 | | |
| | | | | Dawn | Clark | | 46 | SPM | 2:56:20.00 | | |
| 25+ | 1 | Michigan Masters | 8:32:49.09 | Maddie | Diedo | | 51 | MICH | 3:13:10.18 | | |
| | | | | Tracy | Durham | M | 26 | MICH | 2:57:37.19 | | |
| | | | | Denise | Brown | H | 50 | MICH | 2:22:01.72 | | |
| 25+ | 2 | Southwest Washington Masters Swimming | 9:14:04.91 | Maresa | Jackson | | 31 | SWMS | 2:50:14.58 | | |
| | | | | Anita | Burkard | J | 46 | SWMS | 3:33:36.00 | | |
| | | | | Serena | Johnson | H | 33 | SWMS | 2:50:14.33 | | |
| 25+ | 3 | Oregon Masters | 9:28:25.29 | Kendra | Bestine | D | 30 | OREG | 2:41:43.33 | | |
| | | | | Jeanna | Summers | | 56 | OREG | 3:10:14.96 | | |
| | | | | Gayle | Orner | A | 47 | OREG | 3:36:27.00 | | |
| 35+ | 1 | Illinois Masters | 8:36:22.06 | Ruth | Giles-Ott | | 41 | IM | 3:16:28.42 | | |
| | | | | Heidi | Kafka | | 47 | IM | 2:38:06.73 | | |
| | | | | Marcia | Cleveland | E | 46 | IM | 2:41:46.91 | | |
| 35+ | 2 | Colorado Masters Swimming | 8:52:21.47 | Heather | Melrose | M | 36 | CMS | 3:00:15.00 | | |
| | | | | Lisa | Bennett | L | 38 | CMS | 2:43:27.47 | | |
| | | | | Gloria | O'Connor | | 40 | CMS | 3:08:39.00 | | |
| 35+ | 3 | Oregon Masters | 8:55:45.57 | Bonnie | Edwards | B | 38 | OREG | 3:03:18.41 | | |
| | | | | Elizabeth | Budd | H | 56 | OREG | 2:58:25.16 | | |
| | | | | Anicia | Criscione | | 36 | OREG | 2:54:02.00 | | |
| 45+ | 1 | Oregon Masters | 7:58:24.25 | Arlene | Delmage | | 47 | OREG | 2:33:08.44 | √ | |
| | | | | Mary | Sweat | | 52 | OREG | 2:36:05.54 | | |
| | | | | Terri | Tynnismaa | L | 47 | OREG | 2:49:10.27 | | |
| 45+ | 2 | North Carolina Masters Swimming | 9:24:49.78 | Greta | Van Meeteren | | 63 | NCMS | 3:34:08.99 | | |
| | | | | Robin | Batchelor | | 52 | NCMS | 2:53:20.79 | | |
| | | | | Debbie | Wilson | R | 56 | NCMS | 2:57:20.00 | | |
| 45+ | 3 | Masters of South Texas | 11:52:57.29 | Allison | LaField | | 47 | MOST | 3:57:17.00 | | |
| | | | | Lesa | Rathjen | L | 46 | MOST | 3:39:03.39 | | |
| | | | | Roberta | Varela-Hein | K | 46 | MOST | 4:16:36.90 | | |
| 55+ | 1 | Masters of South Texas | 9:35:23.74 | Linda | Callaway | S | 57 | MOST | 3:09:16.29 | √ | |
| | | | | Kathy | Boyer | M | 55 | MOST | 2:53:32.11 | | |
| | | | | Chris | Mayhew | | 56 | MOST | 3:32:35.34 | | |

MEN'S (3 Swimmers)

| Age group | Place | Club Name | Total Distance | Names of Swimmers | | | MI | Age | Club Abbr | Individual | √ if a National Record |
|-----------|-------|---------------------------------------|----------------|-------------------|-----------|------|----|------|------------|------------|---------------------------|
| | | | | First Name | Last Name | Time | | | | | |
| 25+ | 1 | Illinois Masters | 7:45:11.08 | Chris | Layton | | 51 | IM | 2:35:44.99 | | |
| | | | | David | Sebastian | | 48 | IM | 2:24:15.26 | | |
| | | | | John | Morris | S | 26 | IM | 2:45:10.83 | | |
| 35+ | 1 | Oregon Masters | 7:30:41.33 | David | Hathaway | | 49 | OREG | 2:26:45.47 | | |
| | | | | Kris | Calvin | | 48 | OREG | 2:28:30.00 | | |
| | | | | Timothy | Waud | P | 43 | OREG | 2:35:25.86 | | |
| 35+ | 2 | Southwest Washington Masters Swimming | 8:45:30.70 | David | Ashmore | | 35 | SWMS | 2:52:27.62 | | |
| | | | | Wes | Edwards | | 56 | SWMS | 3:05:52.00 | | |
| | | | | Robert | Koga | | 43 | SWMS | 2:47:11.08 | | |
| 45+ | 1 | Ventura County Masters | 7:25:24.76 | Jim | Mc Conica | | 59 | VCM | 2:13:47.40 | | |
| | | | | Kurtis | Baron | C | 46 | VCM | 2:24:13.30 | | |
| | | | | Larry | Raffaelli | L | 67 | VCM | 2:47:24.06 | | |
| 55+ | 1 | Oregon Masters | 9:18:55.99 | Allen | Larson | J | 57 | OREG | 3:09:21.00 | | |
| | | | | Bob | Bruce | A | 62 | OREG | 2:49:52.99 | | |
| | | | | Michael | Carew | P | 60 | OREG | 3:19:42.00 | | |

MIXED (2 Men, 2 Women)

| Age group | Place | Club Name | Total Distance | Names of Swimmers | | | | Club Abbr | Individual | if a |
|------------------|--------------|---------------------------------------|-----------------------|--------------------------|------------------|-----------|------------|------------------|-------------------|------------------------|
| | | | | First Name | Last Name | MI | Age | | Distance | National Record |
| 18+ | 1 | St Pete Masters Inc | 10:16:15.40 | Christopher | Burke | A | 48 | SPM | 2:22:54.00 | √ |
| | | | | Carl | Selles | H | 63 | SPM | 2:44:29.00 | |
| | | | | Sarah | Kwon | R | 20 | SPM | 2:28:05.00 | |
| | | | | Sarah | Swoch | R | 24 | SPM | 2:40:47.40 | |
| 18+ | 2 | Masters of South Texas | 14:38:48.07 | Timothy | Jones | K | 24 | MOST | 3:14:06.19 | |
| | | | | De Ette | Sauer | A | 68 | MOST | 4:41:31.00 | |
| | | | | Dawn | Elder | P | 42 | MOST | 3:13:07.53 | |
| | | | | Henry | Half | M | 67 | MOST | 3:30:03.35 | |
| 25+ | 1 | Southwest Washington Masters Swimming | 11:20:07.61 | Robert | Koga | | 43 | SWMS | 2:47:11.08 | |
| | | | | David | Ashmore | | 35 | SWMS | 2:52:27.62 | |
| | | | | Serena | Johnson | H | 33 | SWMS | 2:50:14.33 | |
| 25+ | 2 | Oregon Masters | 12:54:45.74 | Maresa | Jackson | | 31 | SWMS | 2:50:14.58 | |
| | | | | Bonnie | Edwards | B | 38 | OREG | 3:03:18.41 | |
| | | | | Michael | Carew | P | 60 | OREG | 3:19:42.00 | |
| | | | | Kendra | Bestine | D | 30 | OREG | 2:41:43.33 | |
| 35+ | 1 | Oregon Masters | 11:05:07.25 | Mark | Braun | | 38 | OREG | 2:46:29.12 | |
| | | | | Timothy | Waud | P | 43 | OREG | 2:35:25.86 | |
| | | | | Anicia | Criscione | | 36 | OREG | 2:54:02.00 | |
| | | | | Terri | Tynnismaa | L | 47 | OREG | 2:49:10.27 | |
| 45+ | 1 | Oregon Masters | 10:04:29.45 | Kris | Calvin | | 48 | OREG | 2:28:30.00 | |
| | | | | Arlene | Delmage | | 47 | OREG | 2:33:08.44 | |
| | | | | David | Hathaway | | 49 | OREG | 2:26:45.47 | |
| | | | | Mary | Sweat | | 52 | OREG | 2:36:05.54 | |
| 45+ | 2 | Illinois Masters | 10:19:53.89 | David | Sebastian | | 48 | IM | 2:24:15.26 | |
| | | | | Chris | Layton | | 51 | IM | 2:35:44.99 | |
| | | | | Heidi | Kafka | | 47 | IM | 2:38:06.73 | |
| | | | | Marcia | Cleveland | E | 46 | IM | 2:41:46.91 | |
| 45+ | 3 | Southwest Washington Masters Swimming | 13:43:51.77 | Wes | Edwards | | 56 | SWMS | 3:05:52.00 | |
| | | | | Sherry | Bender | L | 51 | SWMS | 3:50:03.15 | |
| | | | | John | Ellis | L | 64 | SWMS | 3:14:20.62 | |
| | | | | Anita | Burkard | J | 46 | SWMS | 3:33:36.00 | |
| 55+ | 1 | Oregon Masters | 12:07:54.11 | Elizabeth | Budd | H | 56 | OREG | 2:58:25.16 | |
| | | | | Jeanna | Summers | | 56 | OREG | 3:10:14.96 | |
| | | | | Bob | Bruce | A | 62 | OREG | 2:49:52.99 | |
| | | | | Allen | Larson | J | 57 | OREG | 3:09:21.00 | |