

**United States Masters Swimming
Postal National Championship**

RESULTS

CHAMPIONSHIP EVENT: 2010 10K Postal National Championship

EVENT DATE(S): 5/15/2010 - 9/15/2010

SANCTION NUMBER: 130-001p

SANCTIONING LMSC: North Carolina

SPONSORING ORG: North Carolina Masters Swimming

EVENT DIRECTOR: Bob Husson

Address: 312 Avenue A

New Bern, NC 28560

Phone: 252-638-8425

E-mail: bob.husson@gmail.com

WOMEN

Age group	Place	First Name	Last Name	MI	Age	Club Abbr	USMS #	Time	Quality Points	√ if a national record
18-24	1	Sara	Holman	E	23	GSC	140Z-05UV9	2:16:23.44	1,022	√
18-24	2	Mary	Holman	E	23	GSC	1409-06REH	2:20:12.20	994	
18-24	3	Sarah	Kwon	R	20	SPM	1406-0655R	2:28:05.00	941	
18-24	4	Sarah	Swoch	R	24	SPM	140A-02TVT	2:40:47.40	867	
25-29	1	Sarah	Thomas	S	28	CMS	320W-04VEZ	2:24:58.13	931	
25-29	2	Tracy	Durham	M	26	MICH	1907-06HGE	2:57:37.19	760	
30-34	1	Kristi	Lee	D	34	SAWS	590H-01J12	2:26:48.56	926	
30-34	2	Kendra	Bestine	D	30	OREG	370Z-06YNE	2:41:43.33	841	
30-34	3	Serena	Johnson	H	33	SWMS	3703-06K7N	2:50:14.33	799	
30-34	4	Maresa	Jackson		31	SWMS	3706-066W9	2:50:14.58	799	
30-34	5	Lauren	Rosenfield		30	MOVY	280Z-06JHS	3:04:30.10	737	
35-39	1	Kira	Dale-Pfisterer	D	38	SAWS	590J-01J1J	2:22:33.00	941	
35-39	2	Lisa	Bennett	L	38	CMS	320N-030R6	2:43:27.47	821	
35-39	3	Anicia	Criscione		36	OREG	370H-025V4	2:54:02.00	771	
35-39	4	Heather	Melrose	M	36	CMS	3200-0454D	3:00:15.00	744	
35-39	5	Bonnie	Edwards	B	38	OREG	3703-065UP	3:03:18.41	732	
40-44	1	Victoria	Rian	L	44	ISF	160C-02AD8	2:18:41.20	954	
40-44	2	Dale	LeClair	A	40	GOLD	500J-02D6N	2:42:48.37	813	
40-44	3	Amanda	Hunt		41	UNAT	210F-02VTZ	3:07:37.61	705	
40-44	4	Gloria	O'Connor		40	CMS	3201-062GG	3:08:39.00	701	
40-44	5	Dawn	Elder	P	42	MOST	4306-05NXN	3:13:07.53	685	
40-44	6	Ruth	Giles-Ott		41	IM	210W-02VKN	3:16:28.42	673	
40-44	7	Flavia	Zappa	L	43	SPM	140A-02RHK	3:20:27.95	660	
40-44	8	Jaime	Mack	K	43	OREG	3708-026PG	3:49:07.00	578	
45-49	1	Jutta	Schickore		45	DOC	1606-02B6V	2:24:21.82	968	
45-49	2	Arlene	Delmage		47	OREG	370R-01Z4F	2:33:08.44	912	
45-49	3	Heidi	Kafka		47	IM	210F-02X7X	2:38:06.73	884	
45-49	4	Nicole	Vanderpoel	L	45	CMS	320T-0306H	2:38:35.54	881	
45-49	5	Marcia	Cleveland	E	46	IM	2100-01S4Y	2:41:46.91	864	
45-49	6	Ali	Hall	R	49	MARY	090R-03PN2	2:42:00.10	862	
45-49	7	Terri	Tynismaa	L	47	OREG	370V-05W95	2:49:10.27	826	
45-49	8	Dawn	Clark		46	SPM	1400-05VRX	2:56:20.00	792	
45-49	9	Katherine	Kardok	A	45	NEM	020T-0336A	3:12:55.10	724	
45-49	10	Anita	Burkard	J	46	SWMS	370C-02VU4	3:33:36.00	654	
45-49	11	Gayle	Orner	A	47	OREG	3700-026E0	3:36:27.00	645	
45-49	12	Lesa	Rathjen	L	46	MOST	430B-05FH3	3:39:03.39	638	
45-49	13	Allison	LaField		47	MOST	430D-06MXY	3:57:17.00	589	
45-49	14	Roberta	Varela-Hein	K	46	MOST	430U-02NGX	4:16:36.90	544	

50-54	1	Denise	Brown	H	50	MICH	1904-01U86	2:22:01.72	959
50-54	2	Mary	Sweat		52	OREG	370G-025UM	2:36:05.54	873
50-54	3	Susan	Torpy		51	RIDG	2603-04G5D	2:50:50.00	798
50-54	4	Robin	Batchelor		52	NCMS	130M-0232M	2:53:20.79	786
50-54	5	Maddie	Diedo		51	MICH	1904-028U9	3:13:10.18	705
50-54	6	Paula	Moores	J	52	SAWS	590M-01JOE	3:13:57.41	702
50-54	7	Sandy	Mitchel	H	51	ARIZ	4807-05U4C	3:16:12.00	694
50-54	8	Sherry	Bender	L	51	SWMS	3702-065MF	3:50:03.15	592
55-59	1	Shirley	Loftus-Charley	A	58	VMST	120P-02HKM	2:26:59.80	1,016
55-59	2	Kathy	Boyer	M	55	MOST	430R-02G6T	2:53:32.11	861
55-59	3	Debbie	Wilson	R	56	NCMS	130A-02318	2:57:20.00	842
55-59	4	Elizabeth	Budd	H	56	OREG	370Y-0267K	2:58:25.16	837
55-59	5	Linda	Callaway	S	57	MOST	430F-02NEV	3:09:16.29	789
55-59	6	Jeanna	Summers		56	OREG	370D-000PT	3:10:14.96	785
55-59	7	Jill	Wright	M	59	SAWS	5908-01J02	3:19:53.50	747
55-59	8	Chris	Mayhew		56	MOST	430F-02PW8	3:32:35.34	703
60-64	1	Ann	Svenson		64	DCM	100Y-01M4T	3:15:09.31	962
60-64	2	Greta	Van Meeteren		63	NCMS	130H-0232R	3:34:08.99	877
65-69	1	Esther	Ellis	B	65	SWMS	370H-066XU	4:10:39.70	771
65-69	2	De Ette	Sauer	A	68	MOST	430U-01Z66	4:41:31.00	687

√

MEN

Age group	Place	First Name	Last Name	MI	Age	Club Abbr	USMS #	Time	Points	<u>national record</u>
18-24	1	Timothy	Jones	K	24	MOST	430D-06PFE	3:14:06.19	680	
25-29	1	Adam	Barley	S	29	VMST	120Y-06CUX	2:14:02.99	931	
25-29	2	Craig	Charley	R	27	RCA	120M-02HRA	2:45:07.00	756	
25-29	3	John	Morris		26	IM	210H-04U8A	2:45:10.83	756	
30-34	1	Evan	Morrison		30	CSMT	170Y-05T2S	2:16:15.59	904	
30-34	2	Jeff	Maynor	D	32	SMS	240A-01TBN	2:34:43.80	796	
35-39	1	Jeffrey	Halbert	B	36	ISF	160R-02AXC	2:15:27.20	891	
35-39	2	Mark	Braun		38	OREG	370N-067KD	2:46:29.12	725	
35-39	3	David	Ashmore		35	SWMS	3702-06ZWZ	2:52:27.62	700	
35-39	4	Nicholas	Quanrud	A	35	IAMA	4000-01MMA	3:12:48.00	626	
40-44	1	Jeffrey	Barriger	K	44	UNAT	380V-03WVA	2:24:03.56	855	
40-44	2	Bill	Ragatz		41	CONN	050M-008FN	2:29:31.00	823	
40-44	3	Timothy	Waud	P	43	OREG	370N-003DK	2:35:25.86	792	
40-44	4	Rob	Barringer		44	CMS	320N-060TA	2:37:07.00	784	
40-44	5	Robert	Koga		43	SWMS	3708-06Z5Y	2:47:11.08	736	
40-44	6	Robert	Clayton		42	SAWS	590A-062GB	3:03:17.00	672	
45-49	1	Christopher	Burke	A	48	SPM	140T-02RPB	2:22:54.00	936	
45-49	2	Kurtis	Baron	C	46	VCM	330V-03BBC	2:24:13.30	928	
45-49	3	David	Sebastian		48	IM	210A-02WHJ	2:24:15.26	927	
45-49	4	Larry	Caldwell	E	45	GOLD	500T-028CR	2:26:30.02	913	
45-49	5	David	Hathaway		49	OREG	3707-0270T	2:26:45.47	912	
45-49	6	Kris	Calvin		48	OREG	370D-008NK	2:28:30.00	901	
45-49	7	Thomas	Belin	H	48	IAMA	4007-030J5	2:46:33.50	803	
45-49	8	Craig	Kercher	A	48	MOST	430N-01ZGP	2:51:18.70	781	
50-54	1	Chris	Layton		51	IM	210U-02VAE	2:35:44.99	808	
50-54	2	Joe	Aumiller	F	53	MICH	190C-029JT	2:39:02.98	792	
50-54	3	Charles	Herrick	R	50	CONN	050D-01SK2	2:48:30.00	747	
50-54	4	Kyle	Murray		51	GBM	020M-06242	3:08:35.00	668	
50-54	5	Walter	Carter	R	54	OREG	3702-05XRU	3:51:33.00	544	

55-59	1	Jim	Mc Conica		59	VCM	330P-03B07	2:13:47.40	978
55-59	2	Larry	Wood	W	56	TXLA	430F-02NJF	2:35:28.12	841
55-59	3	Wes	Edwards		56	SWMS	3704-026NC	3:05:52.00	704
55-59	4	Allen	Larson	J	57	OREG	500G-05VZ3	3:09:21.00	691
55-59	5	Larry	Beck	M	59	OREG	370G-05G3R	3:50:02.00	569
60-64	1	Carl	Selles	H	63	SPM	1400-030YY	2:44:29.00	899
60-64	2	Jack	Fritts	M	60	IAMA	400D-01MM7	2:46:09.48	890
60-64	3	Bob	Bruce	A	62	OREG	370W-025YX	2:49:52.99	871
60-64	4	Craig	Anderson		61	NCMS	130S-064R5	2:57:51.00	832
60-64	5	John	Ellis	L	64	SWMS	370C-026TR	3:14:20.62	761
60-64	6	Michael	Carew	P	60	OREG	370A-025XU	3:19:42.00	741
60-64	7	Max	Maust	M	63	CGCC	290S-062ZX	3:24:56.60	722
65-69	1	Larry	Raffaelli	L	67	VCM	330D-03B35	2:47:24.06	922
65-69	2	Henry	Halff	M	67	MOST	430B-02NHB	3:30:03.35	735