

**United States Masters Swimming
Long Distance National Championship**

RESULTS

CHAMPIONSHIP EVENT: 2012 USMS One Hour Postal National Championship

EVENT DATE(S): January 1-31, 2012

SANCTION NUMBER: 362-01

SANCTIONING LMSC: Pacific Northwest

SPONSORING ORG: Blue Wave Aquatics

EVENT DIRECTOR: Judy Williams

Address: P.O. Box 24083

Federal Way, WA 98093

Phone: (206)399-8947

E-mail: MeetDirector@BlueWave-Aquatics.com

RELAYS

WOMEN'S (3 Swimmers)

Age group	Place	Club Name	Total Distance	Names of Swimmers			MI	Age	Club Abbr	USMS #	Individual Distance	√ if a National Record
				First Name	Last Name							
<i>W 18+ Record: Univ San Fran 1994 15,810 Yards</i>												
18+	1	Illinois Masters	14,385	Kate	Stephensen	A	22	IM	212H-06ZS2	4,900		
				Heidi	Kafka		49	IM	212M-02X7X	4,495		
				Andrea	Block	J	50	IM	2120-02VBE	4,990		
18+	2	San Mateo Masters	14,255	Jillian	Oto	M	18	SMM	382K-07KXY	4,895		
				Lisal	Moran	M	27	SMM	3823-05VSW	4,810		
				Nancy	Stern	L	46	SMM	3829-03JN5	4,550		
18+	3	St Pete Masters Inc	14,200	Charlotte	Petersen		47	SPM	142J-02RF8	5,100		
				Sarah	Kwon	R	22	SPM	142X-0655R	4,640		
				Paula	Texel	M	41	SPM	142D-0625D	4,460		
18+	4	Conejo Valley Multisport Masters	13,755	Becky	Cleavenger		48	CVMM	3329-06DB4	4,550		
				Lauren	Dakin		23	CVMM	332X-06E2W	4,785		
				Denise	Hearst		54	CVMM	332X-078VC	4,420		
18+	5	New England Masters Swim Club	12,950	Morgan	Sawin	A	24	NEM	022F-06WKD	4,825		
				Caitlin	Reyda	J	22	NEM	022B-07NGD	3,905		
				Ali	Machnik		23	NEM	022G-07561	4,220		
18+	6	Davis Aquatic Masters	12,685	Amanda	Larson	D	23	DAM	382M-06XP9	4,905		
				Anna	Erickson	I	24	DAM	3829-07EKB	3,895		
				Molly	Hetherington-Rauth	C	20	DAM	3820-06UH4	3,885		
18+	7	St Pete Masters Inc	12,455	Adrienne	Forkois	M	32	SPM	1429-02T8G	4,205		
				Mary	Reischmann	Piccard	18	SPM	142Z-07DSJ	4,275		
				Colleen	O'Reilly	A	52	SPM	142K-02RF7	3,975		
18+	8	St Pete Masters Inc	11,450	Regina	Novak	C	27	SPM	142H-05J01	3,950		
				Samantha	Mooren	M	24	SPM	142J-04RZT	3,900		
				Monica	Bradley	L	39	SPM	142X-01THB	3,600		
<i>W 25+ Record: Colonials 1776 2006 15,690 Yards</i>												
25+	1	New England Masters Swim Club	14,525	Elise	Beeger	J	27	NEM	022T-046WU	4,525		
				Natalie	Griffith	E	30	NEM	022N-05URN	5,100		
				Elizabeth	Mancuso	A	26	NEM	022R-060W2	4,900		
25+	2	Davis Aquatic Masters	14,350	Sarah	Hernandez	M	27	DAM	3822-064WN	4,955		
				Gabriel	Craig	I	28	DAM	3820-05ZEW	4,525		
				Sarah	Bimson	C	32	DAM	382S-03W41	4,870		
25+	3	Berkeley (NJ) Aquatic Masters	13,600	Lynn	Ascione		44	BERK	0722-01YYE	4,290		
				Julie	Soltys		33	BERK	072J-01YAD	4,910		
				Sandy	Bluhm	A	33	BERK	072H-01YNA	4,400		
25+	4	Blue Wave Aquatics	13,490	Morgan	Adams	B	27	BWAQ	362A-06KNW	4,540		
				Zena	Courtney	H	52	BWAQ	362Z-02M3K	4,400		
				Shannon	Casey	P	33	BWAQ	3621-04FNM	4,550		
25+	5	Pacific Northwest Aquatics	13,350	Suna	Sullivan		44	PNA	362X-06DUP	4,150		
				Mary	Armstrong	C	44	PNA	3622-05Z35	4,150		
				Melissa	Chamberlin		31	PNA	3623-00407	5,050		
25+	6	Oregon Masters	13,145	Ellen	Lee	L	30	OREG	3722-06E84	4,280		
				Jennifer	Feola		41	OREG	372Y-07N65	4,330		
				Erin	Popelka	M	30	OREG	372D-05GD1	4,535		
25+	7	Masters of South Texas	12,945	Katie	Trembly	F	27	MOST	4329-05VBA	4,590		
				Catharine	Cebrowski	L	41	MOST	432G-06P0P	4,155		
				Tiitta	Elias	K	44	MOST	432J-02PPN	4,200		
25+	8	Illinois Masters	12,840	Kristine	Juno		25	IM	212S-07MGZ	4,215		
				Marcia	Cleveland	E	47	IM	212K-01S4Y	4,450		
				Elizabeth	Kooy	A	40	IM	212T-02VBX	4,175		

25+	9	Maryland Masters	11,365	Rachel	Duncan	D	32	MARY	092T-07K33	3,715
				Valerie	Weichert		44	MARY	0925-005VR	4,175
				Susan	Taylor		53	MARY	0929-01VKZ	3,475
25+	10	Blue Wave Aquatics	11,280	Karen	Rasmussen	L	36	BWAQ	3628-02M6N	3,880
				Kimbra	Wellock		34	BWAQ	362H-07C2C	3,600
				Susan	Marrs		45	BWAQ	3625-06X6Y	3,800
25+	11	Blue Wave Aquatics	9,460	Gianna	Gorski	R	35	BWAQ	362G-068DB	2,925
				Jill	Ellingson		33	BWAQ	362Y-07M2T	3,100
				Diana	Johnson		41	BWAQ	3620-06WUY	3,435
25+	12	Illinois Masters	8,750	Margaret	Mullen	J	56	IM	212A-06K4D	3,225
				Becca	Heiser		29	IM	212D-07F4P	2,575
				Alexandra	Markarian		38	IM	212N-07M6S	2,950
<i>W 35+ Record: SDSM 2003 15,290 Yards</i>										
35+	1	Davis Aquatic Masters	13,865	Amy	Rieger	J	50	DAM	3823-03JMG	4,515
				Michelle	Goldberg		43	DAM	382M-03TPU	4,560
				Andee	Bell		36	DAM	382Y-01WN9	4,790
35+	2	Tamalpais Aquatic Masters	13,780	Karen	Brisson	S	43	TAM	382A-03H68	4,645
				Deborah	McFerron		42	TAM	382J-05F2P	4,600
				Heather	Lugassy		41	TAM	3826-03K63	4,535
35+	3	New England Masters Swim Club	13,705	Sheryl	Bierden	L	38	NEM	022M-06G7J	4,650
				Stacy	Sweetser		36	NEM	0226-036UY	4,630
				Kristin	Wilkes		40	NEM	022N-033SB	4,425
35+	4	Pacific Northwest Aquatics	13,700	Brenda	Tomtan-Brayman	K	38	PNA	362C-005ZZ	4,475
				Haleigh	Werner		42	PNA	3622-02M0U	4,950
				Tina	Hall		37	PNA	362Z-07HA1	4,275
35+	5	Oregon Masters	13,410	Cindy	Werhane	A	42	OREG	372N-07M8G	4,455
				Sara	Nelson		39	OREG	372R-0263K	4,590
				Terri	Tynnismaa		49	OREG	3721-05W95	4,365
35+	6	Michigan Masters	12,950	Maddie	Diedo	M	53	MICH	192Z-028U9	3,900
				Megan	Lassen		41	MICH	192H-02KUC	4,590
				Jill	Guerrera		38	MICH	192E-006B1	4,460
35+	7	Blue Wave Aquatics	12,400	Jessie	Hickel	J	53	BWAQ	3623-03FVA	4,300
				Jennifer	Kabacy		41	BWAQ	362J-004TJ	4,125
				Lynn	Gross		51	BWAQ	362B-02KHM	3,975
35+	8	Illinois Masters	11,650	Ines	Lein	H	43	IM	212P-0720J	3,925
				Shari	Heymann		50	IM	212B-02WYB	3,650
				Amanda	Castle		36	IM	212B-062JD	4,075
35+	9	Illinois Masters	10,860	Ruth	Giles-Ott	IM	43	IM	2120-02VKN	3,605
				Laura	Perez		50	IM	212W-02WJZ	3,610
				Lynne	Lasser		49	IM	2121-04U3A	3,645
35+	10	Florida Aquatic Combined Team	10,735	Amy	King	C	42	FACT	1424-04RZR	3,975
				Kim	Thornburg		45	FACT	1424-07MWU	3,285
				Nancy	Kunzle		53	FACT	142U-06B34	3,475
<i>W 45+ Record: Illinois Masters 2010 14,430 Yards</i>										
45+	1	Indy Aquatic Masters	14,320	Victoria	Rian	L	45	INDY	162R-02AD8	4,915
				Susie	Shuck		46	INDY	1623-02AMJ	4,925
				Lisa	Zedonis		50	INDY	1625-02BHH	4,480
45+	2	Michigan Masters	14,270	Denise	Brown	H	52	MICH	192Z-01U86	4,785
				Kerry	Frame		45	MICH	192S-02A3T	4,595
				Susan	Dombkowski		45	MICH	1923-03E8C	4,890
45+	3	Davis Aquatic Masters	14,125	Sharon	Blaha	L	51	DAM	382P-03A9V	4,530
				Kimberly	Elsbach		49	DAM	382P-03NH6	4,910
				Kerry	Halsted		48	DAM	382J-03GED	4,685
45+	4	Oregon Masters	13,805	Arlene	Delmage	A	49	OREG	3725-01Z4F	4,380
				Mary	Sweat		54	OREG	372C-025UM	4,745
				Karen	Matson		48	OREG	372M-0266T	4,680
45+	5	New England Masters Swim Club	13,625	Linda	Beane	A	46	NEM	0229-071ZY	4,625
				Katherine	Branch		54	NEM	022R-01V6D	4,625
				Laura	Delorey		49	NEM	0223-06HKC	4,375
45+	6	Masters of South Texas	13,060	Elaine	Valdez	S	56	MOST	432H-02P0H	4,355
				Suzanne	Cuda		51	MOST	432H-008RJ	4,140
				Susan	Ingraham		52	MOST	4327-02NH2	4,565
45+	7	St Pete Masters Inc	12,885	Barbara	Mc Nulty	A	54	SPM	142G-005Y8	4,265
				Melissa	Harasz		51	SPM	1420-05H1D	4,290
				Dawn	Clark		47	SPM	142K-05VRX	4,330
45+	8	Tamalpais Aquatic Masters	12,485	Anne	Claman	C	54	TAM	382W-03HVG	3,965
				Kelley	Ryan-Warner		48	TAM	3824-03JEB	4,020
				Barbara	Wheeler		54	TAM	382X-03J0K	4,500
45+	9	Berkeley (NJ) Aquatic Masters	12,155	Anne-France	Sailot	A	49	BERK	072W-01YV4	3,940
				Susan	Kirk		51	BERK	072X-01YA1	3,845
				Susan	Lawson		52	BERK	072X-01Y19	4,370

45+	10	Pacific Northwest Aquatics	11,550	Sheila Tricia Marni	Moore Elmer Zimmerman	E	52 51 49	PNA PNA PNA	362W-02KNT 3623-07CJ8 3624-07333	3,950 4,010 3,590
45+	11	Tamalpais Aquatic Masters	10,570	Patricia Mary Ann Jessica	Tweten Stich Jakobi	L	49 50 53	TAM TAM TAM	3825-03K62 3824-03SAF 3828-03FM5	3,420 3,610 3,540
45+	12	Blue Wave Aquatics	8,810	Fern Jane Angela	Barrick Moore Turley	A A	49 61 48	BWAQ BWAQ BWAQ	3624-04FK5 3626-02KWA 362G-04FNV	2,835 2,800 3,175
45+	13	Maryland Masters	8,500	Molly Eileen Barbara	Winkler Fisher Cooke	A B	48 49 52	MARY MARY MARY	0926-062B1 0924-01VW1 092Y-061UP	2,910 3,325 2,265
45+	14	Florida Maverick Masters	7,690	Sherri Mary Karen	Bogue Stein Swanigan	L A S	48 61 56	FMM FMM FMM	142Z-0666P 142T-061WR 142F-02T9S	2,565 2,525 2,600
45+	15	Blue Wave Aquatics	6,150	Sue Anne Dawn	Stipe Mark McCaffrey	A	74 51 59	BWAQ BWAQ BWAQ	362J-04FJ5 3628-0784M 3629-04FKV	1,900 2,125 2,125
<i>W 55+ Record: Tamalpais Aquatic Masters 2010 13,510 Yards</i>										
55+	1	Tamalpais Aquatic Masters	12,690	Linda Nancy Laura	Shoenberger Ridout Val	R J B	64 70 60	TAM TAM TAM	382R-03F82 382Z-03FAX 382U-03H9F	4,075 3,695 4,920
55+	2	New England Masters Swim Club	12,615	Beth Karla Jeanne	Estel Nisley-Black Garr	A	55 56 57	NEM NEM NEM	0227-008J3 022H-033T0 022A-033VP	4,445 4,035 4,135
55+	3	Oregon Masters	11,925	Elizabeth Jeanna Madeleine	Budd Summers Holmberg	H S	57 57 59	OREG OREG OREG	372E-0267K 372P-000PT 3722-0262K	4,020 3,830 4,075
55+	4	St Pete Masters Inc	11,305	Barbara Jo Ann Pam	Prescott Harrelson Geiger		61 56 59	SPM SPM SPM	142E-02RN6 142W-02RWB 142D-02REZ	3,650 3,975 3,680
55+	5	Blue Wave Aquatics	11,075	Michelle Judy Patricia (Pat)	Menkens Williams Duggan	K M	55 63 58	BWAQ BWAQ BWAQ	362R-04F9S 3628-02KUU 362M-02MT2	4,130 3,445 3,500
55+	6	Davis Aquatic Masters	10,730	Karen Marnelle Jane	Olson Gleason Higgins	L E	56 58 57	DAM DAM DAM	382E-03GXM 382J-03GFF 382K-03GEC	3,530 3,675 3,525
55+	7	Pacific Northwest Aquatics	10,705	Debbie Sarah Kathleen	Gallo Welch Abrams	A	57 64 55	PNA PNA PNA	3625-02CFK 3622-02KJX 362G-02M2J	3,245 3,390 4,070
55+	8	New England Masters Swim Club	10,490	Julie Sheilagh Betsy	Stiles Mulderig Feldmann	H A	61 59 58	NEM NEM NEM	022F-0767T 022X-035JB 022T-06T5K	3,280 3,185 4,025
55+	9	Berkeley (NJ) Aquatic Masters	9,655	Marie Mary Sandra	Vellucci Hesselgrave Seddon	H R P	62 68 57	BERK BERK BERK	0728-02XU2 072F-05VMS 072X-06V13	3,385 2,545 3,725
55+	10	Florida Aquatic Combined Team	9,220	Joyce Marianne Meegan	Hutchinson Bradley Wilson	W E	70 68 63	FACT FACT FACT	142H-04RYS 1427-02RGU 1429-02REA	2,785 2,775 3,660
<i>W 65+ Record: SDSM 2005 11,085 Yards</i>										
65+	1	Pacific Northwest Aquatics	11,055	Suzanne Jeanne Sally	Dills Ensign Dillon	L A	66 65 65	PNA PNA PNA	362X-01N00 362W-02KGG 362F-02KJU	4,025 3,030 4,000
65+	2	Davis Aquatic Masters	9,915	Terry Susan Leslie	Davison Munn Westergaard	L L M	67 73 68	DAM DAM DAM	382E-03GY5 382X-03FZM 382H-03GEZ	3,200 3,555 3,160
65+	3	Niagara District Masters	9,875	Louise Kate Kay	Murray Spencer Turner	G	71 65 65	NIAG NIAG NIAG	0427-01X4Z 0428-02UUT 042J-01X3Y	3,310 3,325 3,240
65+	4	Florida Maverick Masters	8,635	Patricia Patricia Margaret	Tullman Bond Homans	A M T	74 73 79	FMM FMM FMM	1422-02RD1 1424-02RDM 1425-02RD4	2,875 3,285 2,475
65+	5	New England Masters Swim Club	8,170	Ruth Judy Lois	Stavis Golden Donelson	L	74 65 66	NEM NEM NEM	0221-033F0 0226-02XRM 0228-07APB	2,990 2,500 2,680
65+	6	Oregon Masters	7,665	Peggy Sandra Peggie	Whiter Haynie Hodge	S T H	68 66 71	OREG OREG OREG	372X-025YR 372P-025VB 372T-026A6	2,865 2,110 2,690
65+	7	Florida Maverick Masters	5,205	Margie Regan Jean	Hutinger Kenner Allen	M	72 88 71	FMM FMM FMM	142F-02RCY 142Z-02RD8 1423-02RDK	2,040 890 2,275

W 75+ Record: Florida Aquatic Combined 2008 9,230 Yards

75+	1	Florida Aquatic Combined Team	8,665	Martha	Henderson	J	75	FACT	1429-02RS4	3,000
				Betty	Lorenzi	S	84	FACT	142R-01R8B	3,025
				Joan	Campbell	K	81	FACT	1428-02RGV	2,640
75+	2	Oregon Masters	7,870	Pat	Hunt		80	OREG	372R-06PDK	2,590
				Nina	Gee	F	78	OREG	3723-02BWT	2,265
				Geraldine	Kawabata	L	77	OREG	372P-026MM	3,015

W 85+ Record: FMM: Zint/Schimpf/Cichanski 2005 5,590 Yards