

United States Masters Swimming
Long Distance National Championship

RESULTS

CHAMPIONSHIP EVENT: 2013 USMS 10K Postal National Championship

EVENT DATE(S): May 15 - September 15, 2013

SANCTION NUMBER: 502-310-0231

SANCTIONING LMSC: Kentucky LMSC

SPONSORING ORG: Swim Louisville Masters

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WOMEN

Age Group	Place	First Name	Last Name	MI	Age	Club Abbr.	USMS Number	Time	Quality Points	New Record
18-24	1	Kate	Stephensen	A	23	UNAT	1231-06ZS2	2:11:16.79	1,039	Y
	2	Sarah	Kwon	R	23	SPM	1433-0655R	2:42:40.99	838	
	3	Jacqueline	Olsen	Z	21	DAMM	263U-07NF2	3:31:34.12	645	
25-29	1	Katie	Trembly Stein	F	29	MOST	433P-05VBA	2:31:19.78	892	
	2	Kelsey	Bowen	C	27	OREG	373G-0271E	2:45:46.52	814	
30-34	1	Kari	Pederson	J	30	GAJA	4539-04F6V	2:33:47.99	884	
35-39	1	Meghan	Olson		39	MOST	433K-081R4	2:25:45.44	920	
	2	Andrea	Packard	H	38	NCMS	133U-033B8	2:26:33.33	915	
	3	Michelle	McRae		37	PSM	363T-04FBZ	2:31:40.98	884	
	4	Serena	Johnson	H	36	OREG	3730-06K7N	2:40:13.12	837	
	5	Anicia	Criscione		39	OREG	373M-025V4	2:50:16.35	788	
	6	Karen	Drack		36	SPCO	143C-05EZ1	2:56:36.99	760	
	7	Melinda	Camus	S	38	GAJA	453P-081EW	3:19:55.99	671	
40-44	1	Jayna	Tomac	M	41	OREG	3730-05EJN	2:44:03.09	807	
	2	Catharine	Cebrowski	L	42	MOST	4330-06P0P	2:50:42.15	775	
	3	Carrie	Kimber	K	44	SSTM	213Z-077FW	2:51:25.99	772	
	4	Barbara	Streater	A	42	VMST	1230-05ZD4	2:54:12.00	760	
	5	Kathy	Farrell Guizar		41	HMS	353A-07HUJ	3:05:40.00	713	
	6	Suzanne	Dowling	F	44	MOST	433V-02PN1	3:14:16.88	681	
	7	Ruth	Giles-Ott		44	IM	213Z-02VKN	3:29:04.76	633	
	8	Allison	Espinosa		42	MOST	433W-076UV	4:02:59.40	545	
	9	Charity	Ashworth	R	40	OREG	373C-085R0	4:06:22.45	537	
	10	Cynthia	Kraft	A	43	ARIZ	483V-07Y76	4:58:52.30	443	
45-49	1	Victoria	Rian	L	46	NAST	1639-02AD8	2:21:34.72	987	
	2	Brooke	Bowman	J	46	SPM	143S-004KC	2:30:45.99	927	
	3	Marcia	Cleveland	E	49	IM	213D-01S4Y	2:39:38.37	875	
	4	Dawn	Clark		49	SPM	143D-05VRX	2:48:53.00	827	
	5	Dawn	Elder	P	45	MOST	4333-05NXN	3:06:20.26	750	
	6	Flavia	Zappa	L	46	O*H*	183F-02RHK	3:28:31.51	670	
	7	Roberta	Varela-Hein	K	49	MOST	433X-02NGX	3:57:33.88	588	
	8	Alice	Perez	M	48	MOST	433Y-07NGE	5:05:49.23	457	

Age Group	Place	First Name	Last Name	MI	Age	Club Abbr.	USMS Number	Time	Quality Points	New Record
50-54	1	Denise	Brown	H	53	MICH	1931-01U86	2:24:58.42	940	
	2	Susan	Ingraham	R	53	MOST	433S-02NH2	2:35:48.21	874	
	3	Heidi	Kafka		50	IM	213C-02X7X	2:42:18.42	839	
	4	Karen	Matson	A	50	OREG	373C-0266T	2:44:03.42	830	
	5	Melissa	Harasz		53	SPM	143Z-05H1D	2:45:34.99	823	
	6	Shawn	Feather	M	52	AGM	433D-01KRP	3:01:52.27	749	
	7	Maddie	Diedo		54	MICH	1931-028U9	3:16:00.24	695	
	8	Tracy	Olsen		51	DAMM	263A-02GDC	3:17:06.78	691	
	9	Cynthia	Howe	L	52	MOST	4339-05GWX	3:26:37.00	659	
	10	Shirley	Bibles		51	AGM	433B-06BKX	3:34:39.74	635	
	11	Allison	LaField		50	MOST	433A-06MXY	3:58:22.00	572	
	12	Liz	Reichman		51	MOST	433E-04KK5	4:02:15.59	562	
	13	Tammy	Duhaime	L	51	MOST	4335-05NXR	4:11:23.81	542	
55-59	1	Mary	Sweat		55	OREG	373K-025UM	2:27:28.09	997	
	2	Elaine	Valdez	S	58	MOST	433F-02P0H	2:41:17.69	911	
	3	Paula	Moores	J	55	SAWS	593R-01J0E	3:21:52.12	728	
60-64	1	Shirley	Loftus-Charley	A	61	VMST	123T-02HKM	2:35:42.42	956	
	2	Linda	Callaway		60	MOST	433C-02NEV	3:15:33.35	761	
	3	Jill	Wright	M	62	SAWS	5935-01J02	3:23:25.22	732	
	4	Chris	Mayhew		60	MOST	433C-02PW8	3:24:37.98	727	
	5	Carol	Stark	R	64	OREG	373N-026UJ	4:53:44.69	507	
65-69	1	Marcia	Anziano		68	CMS	323R-030KK	3:39:24.97	881	
	2	Greta	Van Meeteren		66	NCMS	133M-0232R	3:47:31.71	850	
70-74	1	Claire	Gregg	M	71	MOST	433Y-04KW9	6:02:57.00	546	

MEN

Age Group	Place	First Name	Last Name	MI	Age	Club Abbr.	USMS Number	Time	Quality Points	New Record
25-29	1	Andrew	Schaefer	F	29	BUMS	043P-06Z6S	2:23:12.99	872	
30-34	1	Michael	Kleinert		32	UNAT	4430-05VJR	2:27:24.87	835	
	2	Johnny	van Velthuyzen		34	PSM	363K-06TTA	2:29:18.83	825	
35-39	1	Matt	Miller		35	OREG	373V-07EEF	2:28:05.49	815	
	2	Michael	Waataja		38	IM	2131-0255N	2:44:33.53	733	
40-44	1	George	Villarreal	C	41	TULS	2737-00677	2:16:28.99	902	
	2	Gary	Lawrence		43	UNAT	1831-07M60	2:26:03.47	843	
	3	Donald	Gornto	D	42	SPCO	1432-02U3C	2:34:08.09	799	
	4	Jonathan	Shinnick	C	40	MERR	093N-07KT4	2:37:24.81	782	
	5	Steven	Shotts	J	42	NCMS	133A-02STC	2:42:04.99	760	
	6	Eduardo	Cruz		43	CMS	323X-05XNM	2:53:14.94	711	
	7	Christian	Tujo	F	42	OREG	373Z-026K2	2:53:41.99	709	
	8	John	Leonard	R	43	MOST	4338-02NWN	2:58:02.97	691	

Age Group	Place	First Name	Last Name	MI	Age	Club Abbr.	USMS Number	Time	Quality Points	New Record
45-49	1	Hardy	Lussier	C	48	OREG	373W-025VX	2:10:51.07	997	
	2	Kurt	Dickson	F	46	ARIZ	4835-02EM5	2:14:57.00	967	
	3	David	Stewart	W	49	MOST	4337-03KHX	2:20:33.95	928	
	4	Mark	Frost		46	OREG	373X-07KU4	2:31:50.99	859	
	5	Paul (Tank)	McNamara	F	49	GAJA	4535-0601J	2:48:25.00	775	
	6	Rafael	Domeyko	F	45	MOST	433X-03X5W	2:52:28.35	757	
50-54	1	James	Biles	B	52	WMAC	2032-0204D	2:20:54.57	894	
	2	Kris	Calvin		51	OREG	373A-008NK	2:29:38.99	841	
	3	Chris	Layton		54	IM	213X-02VAE	2:35:21.49	811	
	4	Stephen	Roush	P	50	CMS	323M-05PEY	2:42:03.99	777	
	5	Seth	Hoff		51	IM	213D-003C9	2:43:50.19	769	
	6	Kirk	Frambes		53	MOST	433C-06P9A	3:06:47.63	674	
55-59	1	Jim	Sauer		56	TXLA	4339-06N4M	2:18:00.23	948	
	2	Dick	Worrel		59	TXLA	433N-02NHM	2:23:14.64	913	
	3	Timothy	Kennedy	C	56	SPM	143H-02RF0	2:27:55.00	884	
	4	Larry	Wood	W	59	TXLA	433C-02NJF	2:31:50.21	861	
	5	Joe	Aumiller		56	MICH	1939-029JT	2:59:51.30	727	
	6	Todd	Erickson	L	58	MOST	4334-02PMS	3:02:13.60	718	
	7	Jeff	Glossa		58	CMS	3233-05J8V	3:46:15.00	578	
	8	Walter	Carter	R	57	OREG	373F-05XRU	3:53:11.00	561	
60-64	1	William	Reeves	W	60	SALT	343C-0310P	2:30:24.37	881	
	2	Robert	Richardson	B	60	OREG	373G-049YA	2:52:34.99	768	
	3	Allen	Larson	J	60	OREG	373S-05VZ3	2:53:25.99	764	
	4	Pat	Marzulli		64	SPM	143F-02RMY	3:00:34.99	734	
	5	Michael	Carew	P	63	OREG	3737-025XU	3:25:16.99	645	
65-69	1	Bob	Bruce	A	65	OREG	373Z-025YX	2:47:47.15	920	
	2	Bob	Husson		68	NCMS	1339-023NF	3:30:48.80	732	
	3	Leonard	Williamson	M	68	CARS	383J-06J0T	3:41:29.99	697	
70-74	1	Larry	Raffaelli	L	70	VCM	333A-03B35	2:51:04.49	1,008	Y
	2	John	Bell	L	71	UNAT	333H-02GW1	2:58:49.52	964	
	3	Ralph	Mohr		71	OREG	373J-0261C	3:07:43.24	918	
	4	Henry	Halff	M	70	MOST	4338-02NHB	3:24:08.99	844	