

**United States Masters Swimming  
Long Distance National Championship  
10K RELAY RESULTS**

CHAMPIONSHIP EVENT: 2014 USMS 10K ePostal National Championship  
 EVENT DATE(S): May 15 - September 15, 2014  
 SANCTION NUMBER: 374-S004  
 SANCTIONING LMSC: Oregon LMSC  
 SPONSORING ORG: Rogue Valley Masters  
 EVENT DIRECTOR: Matt Miller  
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WOMEN'S (3 Swimmers)			Names of Swimmers							Individual	√ if a
Age Group	Place	Club Name	Total Time	First Name	Last Name	MI	Age	Club Abbr	USMS #	Time	National Record
35+	1	Oregon Masters	8:07:13.18	Jayna	Tomac	M	42	OREG	374F-05EJN	2:27:46.39	
				Suzy	Jajewski		39	OREG	374Z-074MV	2:46:14.00	
				Bonnie	Edwards	B	42	OREG	374F-065UP	2:53:12.79	
45+	1	St Pete Masters Inc	8:00:19.00	Dawn	Clark		49	SPM	144C-05VRX	2:48:24.00	
				Brooke	Bowman	J	47	SPM	144T-004KC	2:28:19.99	
				Melissa	Harasz		54	SPM	144G-05H1D	2:43:35.01	
45+	2	Illinois Masters	8:34:20.63	Ruth	Giles-Ott		45	IM	214G-02VKN	3:12:40.38	
				Heidi	Kafka		51	IM	214B-02X7X	2:42:09.55	
				Marcia	Cleveland	E	50	IM	214C-01S4Y	2:39:30.70	
45+	3	Masters of South Texas	9:58:48.17	Allison	LaField		51	MOST	4349-06MXV	3:48:30.00	
				Roxanna	Gonzales-Soza		48	MOST	434F-07SZJ	3:12:42.02	
				Suzanne	Cuda	E	53	MOST	434E-008RJ	2:57:36.15	
55+	1	Oregon Masters	10:59:20.85	Connie	Shuman		59	OREG	3740-026A0	3:55:38.99	
				Peggy	Whiter	S	70	OREG	3742-025YR	4:34:03.99	
				Mary	Sweat		56	OREG	374M-025UM	2:29:37.87	
55+	2	Masters of South Texas	14:33:50.58	Nina	Clarkson	W	62	MOST	4348-093N8	5:20:47.97	
				Linda	Callaway		61	MOST	434B-02NEV	3:21:46.44	
				Lynn	Francis	A	70	MOST	4340-02NGK	5:51:16.17	

MEN'S (3 Swimmers)			Names of Swimmers							Individual	√ if a
Age Group	Place	Club Name	Total Time	First Name	Last Name	MI	Age	Club Abbr	USMS #	Time	National Record
25+	1	Ventura County Masters	7:16:46.46	Zachary	Jirkovsky	T	32	VCM	334X-06D6T	2:28:43.73	√
				John	Chung	W	44	VCM	3348-0610D	2:26:21.77	
				Jim	Mc Conica		63	VCM	334U-03B07	2:21:40.96	
35+	1	Oregon Masters	7:20:49.29	Christian	Tujo	F	43	OREG	374G-026K2	2:45:58.99	
				Matt	Miller		36	OREG	374S-1500F	2:23:10.31	
				Hardy	Lussier	C	48	OREG	374X-025VX	2:11:39.99	
45+	1	Oregon Masters	8:17:18.55	Robert	Richardson	B	61	OREG	374H-049YA	2:51:21.99	
				Mark	Frost		47	OREG	374Y-07KU4	2:37:26.90	
				Paul (Tank)	McNamara	F	50	OREG	374F-0601J	2:48:29.66	
55+	1	St Pete Masters Inc	8:01:36.99	Kern	Davis	M	59	SPM	144T-02RET	2:27:05.99	
				Pat	Marzulli		65	SPM	144E-02RMY	2:56:25.00	
				Timothy	Kennedy	C	57	SPM	144J-02RF0	2:38:06.00	
65+	1	Oregon Masters	10:10:12.30	Ralph	Mohr		73	OREG	374K-0261C	3:15:48.00	√
				John	Foges		70	OREG	374H-026R3	4:05:38.99	
				Bob	Bruce	A	66	OREG	374G-025YX	2:48:45.31	

MIXED (2 Men, 2 Women)			Names of Swimmers							Individual	√ if a
Age Group	Place	Club Name	Total Time	First Name	Last Name	MI	Age	Club Abbr	USMS #	Time	National Record
25+	1	Michigan Masters	11:36:39.01	Ian	Douglass	C	34	MICH	194Y-084N7	2:51:04.60	
				Maddie	Diedo		55	MICH	1940-028U9	3:15:28.27	
				Denise	Brown	H	54	MICH	1940-01U86	2:31:09.41	
				Joe	Aumiller		57	MICH	1948-029JT	2:58:56.73	

MIXED (2 Men, 2 Women)

			<u>Names of Swimmers</u>							<u>Individual</u>	<u>√ if a</u>
<u>Age Group</u>	<u>Place</u>	<u>Club Name</u>	<u>Total Time</u>	<u>First Name</u>	<u>Last Name</u>	<u>MI</u>	<u>Age</u>	<u>Club Abbr</u>	<u>USMS #</u>	<u>Time</u>	<u>National Record</u>
35+	1	Puget Sound Masters	9:46:26.14	Haleigh	Werner	A	45	PSM	364Y-02M0U	2:20:33.13	√
				Daniel	Phillips	L	51	PSM	364A-087PH	2:19:23.48	
				Johnny	Van Velthuyzen		35	PSM	364M-06TTA	2:32:57.62	
				Michelle	McRae		38	PSM	364U-04FBZ	2:33:31.91	
35+	2	Oregon Masters	9:48:50.69	Matt	Miller		36	OREG	374S-1500F	2:23:10.31	√
				Jayna	Tomac	M	42	OREG	374F-05EJN	2:27:46.39	
				Suzy	Jajewski		39	OREG	374Z-074MV	2:46:14.00	
				Hardy	Lussier	C	48	OREG	374X-025VX	2:11:39.99	
35+	3	Ventura County Masters	9:54:53.01	Tamie	Stewart	A	41	VCM	3340-07RSR	2:36:26.29	
				John	Chung	W	44	VCM	3348-0610D	2:26:21.77	
				Stacey	Warmuth		57	VCM	334E-03ERT	2:30:23.99	
				Jim	Mc Conica		63	VCM	334U-03B07	2:21:40.96	
45+	1	St Pete Masters Inc	10:17:06.99	Melissa	Harasz		54	SPM	144G-05H1D	2:43:35.01	
				Timothy	Kennedy	C	57	SPM	144J-02RF0	2:38:06.00	
				Kern	Davis	M	59	SPM	144T-02RET	2:27:05.99	
				Brooke	Bowman	J	47	SPM	144T-004KC	2:28:19.99	
45+	2	Illinois Masters	10:47:25.99	Marcia	Cleveland		50	IM	214C-01S4Y	2:39:30.70	
				Heidi	Kafka		51	IM	214B-02X7X	2:42:09.55	
				Chris	Layton		55	IM	214Y-02VAE	2:34:55.82	
				Seth	Hoff	E	51	IM	214C-003C9	2:50:49.92	
55+	1	Swim Fort Lauderdale	12:01:31.12	Marty	Hendrick		56	SFTL	5040-027T9	2:43:27.14	√
				Allen	Larson	J	61	SFTL	504M-05VZ3	2:55:08.30	
				Cynthia	Henley	P	56	SFTL	5048-07SFD	3:15:38.60	
				Linda	Larson	L	58	SFTL	5041-2WNDA	3:07:17.08	
55+	2	Oregon Masters	12:05:24.16	Robert	Richardson	B	61	OREG	374H-049YA	2:51:21.99	√
				Mary	Sweat		56	OREG	374M-025UM	2:29:37.87	
				Bob	Bruce	A	66	OREG	374G-025YX	2:48:45.31	
				Connie	Shuman		59	OREG	3740-026A0	3:55:38.99	