

United States Masters Swimming
Long Distance National Championship

RESULTS

CHAMPIONSHIP EVENT: 2014 One Hour Postal National Championship

EVENT DATE(S): January 1-31, 2014

SANCTION NUMBER: 1641-S001

SANCTIONING LMSC: Indiana

SPONSORING ORG: Indy Aquatic Masters

EVENT DIRECTOR: Mel Goldstein

Address 5735 Carrollton Ave

Indianapolis, Indiana 46220

Phone 317-253-8289

E-mail goldsteinmel@Sbcglobal.net

MIXED (2 Men, 2 Women)

Age group	Place	Club Name	Total Distance	Names of Swimmers		MI	Age	Club Abbr	USMS #	Individual Distance	√ if a National Record
				First Name	Last Name						
18+	1	New England Masters Swim Club	19,120	Spencer	Coffin		22	NEM	0246-08669	4,800	
				Matthew	Jaroszewicz	J	23	NEM	0247-085E1	4,870	
				Alana	Aubin	M	23	NEM	024H-07TTSR	4,650	
				Chelsea	Krisanda	S	22	NEM	0248-0967V	4,800	
	2	Davis Aquatic Masters	18,460	Rob	Westergaard		45	DAM	384G-03GNF	4,515	
				Alexa	Danner	L	22	DAM	384V-06HJ3	4,700	
				Allison	Higgins	L	30	DAM	384H-03SK4	4,220	
				Christopher	Guido	J	22	DAM	384E-06Y8F	5,025	
	3	Longhorn Aquatics	17,635	Chris	Kadas	W	51	TXLA	434K-02NMU	4,360	
				Michelle	Lester	L	38	TXLA	434B-04KS7	4,200	
				Andrea	Nunez-Smith		19	TXLA	434H-080XZ	4,825	
				Joseph	Mandy	W	36	TXLA	434X-07MNR	4,250	
	4	Tamalpais Aquatic Masters	17,605	Kenneth	Frost III	A	41	TAM	384J-03JK9	4,185	
				Heather	Lugassy		43	TAM	384U-03K63	4,315	
				Michael	Mottola	C	28	TAM	3848-060ZV	4,440	
				Karly	Brown		23	TAM	384V-084WW	4,665	
25+	1	New England Masters Swim Club	20,905	Becky	Hunnewell		33	NEM	024D-046VH	5,120	
				Tobias	Work	T	28	NEM	0244-06GC0	5,600	
				Jarrold	Shoemaker	R	31	NEM	024N-035KY	5,375	
				Diane	Leith-Doucett	N	31	NEM	024Y-06M9Z	4,810	
	2	Conejo Valley Multisport Masters	20,190	Jordan	Rapp		33	CVMM	334T-02ZH2	5,275	
				Eric	Marnoch		47	CVMM	334D-07M01	5,050	
				Becky	Cleavenger		50	CVMM	334R-06DB4	4,695	
				Brianna	Blanchard		25	CVMM	3349-07SZT	5,170	
	3	Oregon Masters	18,885	Mark	Frost		46	OREG	374Y-07KU4	4,865	
				Heather	Blair	E	28	OREG	3747-06TFE	4,460	
				Arlene	Delmage		51	OREG	374V-01Z4F	4,475	
				Matt	Miller		36	OREG	374S-1500F	5,085	
	4	Davis Aquatic Masters	18,655	George	Crocker	H	30	DAM	384D-041MJ	4,725	
				Gabriel	Craig	I	30	DAM	384G-05ZEW	4,400	
				Alexandra	Lee	K	26	DAM	3841-03WMW	4,930	
				Alexandre	Tremeau-Bravard		38	DAM	384X-03V6T	4,600	
	5	Wisconsin Masters Aquatic Club	18,165	James	Biles	B	52	WMAC	204C-SWMMR	5,005	
				David	Drury	L	54	WMAC	204Z-05GCE	4,280	
				Jessica	Connors	A	28	WMAC	204Y-05SS6	4,440	
				Kimberly	White	J	34	WMAC	2047-01RUJ	4,440	
	6	St Pete Masters Inc	17,880	Ron	Collins	L	51	SPM	1447-02RMR	4,695	
				Adrienne	Forkois	M	34	SPM	144R-02T8G	4,255	
				Regina	Novak	C	29	SPM	144E-05J01	4,025	
				John	Doolittle	W	44	SPM	144M-002TU	4,905	
	7	Puget Sound Masters	17,445	Michael	Scott	B	27	PSM	364J-MSC TT	4,265	
				Michelle	Ohlson		31	PSM	3648-07SV2	4,085	
				David	Postetter	E	27	PSM	3642-06KPY	4,745	
				Jennifer	Dailey		42	PSM	364W-07ARG	4,350	

MIXED (2 Men, 2 Women)

Age group	Place	Club Name	Total Distance	Names of Swimmers		MI	Age	Club Abbr	USMS #	Individual Distance	√ if a National Record
				First Name	Last Name						
25+	8	Colonials 1776	16,830	Jack	Martin	R	62	1776	084M-0220V	4,350	
				Hannah	Plimpton		28	1776	084X-05XZT	4,020	
				Kenneth	Barbee	A	49	1776	084M-022CS	4,165	
				Donna	Giurtino	M	33	1776	084H-07XGA	4,295	
35+	1	Ventura County Masters	19,945	Jim	Mc Conica		63	VCM	334U-03B07	5,090	
				Tamie	Stewart	A	40	VCM	3340-07RSR	4,535	
				Mike	Shaffer	G	48	VCM	334T-03B3B	5,580	
				Stacey	Warmuth		57	VCM	334E-03ERT	4,740	
	2	Oregon Masters	19,695	Jayna	Tomac	M	41	OREG	374F-05EJN	4,870	
				Mike	Self		43	OREG	3740-006K9	5,185	
				Jeffrey	Nason	A	38	OREG	374C-06TUF	5,170	
	3	New England Masters Swim Club	19,425	Jennifer	Feola		43	OREG	3741-07N65	4,470	
				David	Dornaus	R	39	NEM	0241-001HV	5,000	
				Kimberly	Lloyd	K	41	NEM	024G-079YE	4,845	
				Douglas	Doucet	C	38	NEM	0243-034SM	4,870	
	4	Davis Aquatic Masters	19,415	Jill	Lancaster		40	NEM	0246-080ZP	4,710	
				Ken	Petruzzelli	P	40	DAM	3845-03HG6	4,915	
				Andee	Bell		38	DAM	3841-01WN9	5,055	
	5	Puget Sound Masters	18,885	Wendy	Pratt	B	53	DAM	384P-03GXX	4,410	
				Ernie	Hoftyzer		44	DAM	384B-03HAR	5,035	
				Michelle	McRae		38	PSM	364U-04FBZ	4,545	
	6	Longhorn Aquatics	18,420	Kirk	Nelson		43	PSM	364P-02KXZ	5,235	
				Jennifer	Farinas	R	41	PSM	364F-04F5A	4,370	
				Dan	Larson	E	46	PSM	364B-06B2V	4,735	
	7	Swim Kentucky Masters	17,910	Nancy	Misage		43	TXLA	4341-07XBX	4,490	
				Ed	Coates	M	47	TXLA	4340-02NS9	4,695	
				Sally	Dykstra	K	54	TXLA	434T-02NEE	4,450	
				Craig	Siegel		55	TXLA	434H-0239K	4,785	
	8	St Pete Masters Inc	16,355	Paul	Widman		40	SKY	414U-01W2Z	4,290	
				Abraham	Solano	E	44	SKY	414T-01W63	5,085	
				Breana	Lewis	L	37	SKY	4149-05Y1B	4,600	
				Angela	Poe		35	SKY	414Z-08171	3,935	
	9	Connecticut Masters	16,000	Livia	Zien	L	47	SPM	144K-02RN5	4,080	
				Joshua	Smith	C	45	SPM	144M-064F4	4,475	
				Patricia	Euler		40	SPM	144F-074KM	3,815	
				Robert	Aldrich	E	64	SPM	144J-02T7P	3,985	
10	St Pete Masters Inc	15,115	Peter	Canning		55	CONN	054U-092WD	3,200		
			Paul	Epstein	M	67	CONN	0540-01S7Z	3,750		
			Holly	Neumann	J	41	CONN	054C-02CR6	4,100		
			Galen	Rinaldi	D	45	CONN	054W-01SPT	4,950		
11	St Pete Masters Inc	15,115	Patricia	Nardoizzi	J	54	SPM	144G-02RG2	3,720		
			Ken	Gersbach	C	53	SPM	1443-065N7	3,920		
			Pat	Marzulli		65	SPM	144E-02RMY	3,925		
			Laura	Albee	M	44	SPM	144H-02RK4	3,550		
45+	1	New England Masters Swim Club	19,650	Patrick	Autissier		51	NEM	024J-06REW	5,280	
				Matthew	Gilson	R	46	NEM	024E-033F6	4,955	
				Juliana	Nievergelt		53	NEM	0245-006CN	4,700	
				Charlotte	Brynn	J	47	NEM	024H-034BA	4,715	
	2	Oregon Masters	19,440	Hardy	Lussier	C	48	OREG	374X-025VX	5,405	
				Karen	Matson	A	50	OREG	374B-0266T	4,510	
				Eric	Moore	C	45	OREG	374G-07GUM	4,875	
	3	Longhorn Aquatics	19,045	Kendra	Wheeler	L	51	OREG	374Y-06TGT	4,650	
				Kristy	Ditzler		49	TXLA	434T-07SF1	4,600	
				Mary	Jurey	K	47	TXLA	434G-0499Z	4,500	
				Paul	Walker	B	52	TXLA	434E-03FMA	5,015	
	4	Colonials 1776	18,640	Dick	Worrel		60	TXLA	434P-02NHM	4,930	
				Stephanie	Saucy	A	50	1776	0848-07VRM	4,285	
				Robert	Bonsall	A	50	1776	084N-042GW	4,575	
	5	Davis Aquatic Masters	18,525	James	Thornton		61	1776	0843-01JFR	4,675	
				Laurie	Hug		48	1776	0840-0226X	5,105	
				Kimberly	Elsbach	D	50	DAM	3849-03NH6	4,690	
				Lance	Halsted	E	54	DAM	384U-03GEE	4,735	
	6	Davis Aquatic Masters	18,525	Michelle	Goldberg	L	45	DAM	384B-03TPU	4,485	
				Matt	Kowta	M	47	DAM	384B-03SC1	4,615	

MIXED (2 Men, 2 Women)

Age group	Place	Club Name	Total Distance	Names of Swimmers			MI	Age	Club Abbr	USMS #	Individual Distance	√ if a National Record
				First Name	Last Name	MI						
45+	6	Puget Sound Masters	18,450	Sheila	Moore	E	54	PSM	3643-02KNT	4,090		
				Mats	Nygren	O	47	PSM	364X-007EK	5,070		
				Tatyana	Sussex	M	50	PSM	364Y-02KKC	4,265		
				Daniel	Phillips	L	50	PSM	364A-087PH	5,025		
	7	St Pete Masters Inc	18,140	Melissa	Harasz		53	SPM	144G-05HID	4,230		
				Herbert	Euler	W	45	SPM	1446-02RTU	4,760		
				Christopher	Burke	A	51	SPM	144X-02RPB	4,975		
				Dawn	Clark		49	SPM	144C-05VRX	4,175		
	8	Indy Aquatic Masters	17,440	Lisa	Zedonis	L	52	INDY	164V-02BHH	4,475		
				Allen	Raver	L	45	INDY	164P-02B27	4,010		
				Enrique	Conterno	A	47	INDY	1644-07ZB3	4,705		
				Melissa	Kerker	A	49	INDY	1642-02A9G	4,250		
	9	Blue Wave Aquatics	17,435	Zena	Courtney	H	54	BWAQ	3640-02M3K	4,510		
				Laurie	Marocco	R	57	BWAQ	3640-04FAH	4,080		
				Scott	Lautman	M	61	BWAQ	364S-02M55	4,275		
				Eric	Durban		58	BWAQ	3645-02KPA	4,570		
	10	Michigan Masters	17,230	Joe	Aumiller		56	MICH	1948-029JT	4,310		
				Denise	Brown	H	54	MICH	1940-01U86	4,785		
				Maddie	Diedo		55	MICH	1940-028U9	3,800		
				David	Pohlonski	S	65	MICH	194T-029XT	4,335		
	11	Tamalpais Aquatic Masters	17,140	Lynn	Sondag	S	45	TAM	384A-07P2X	4,300		
				Adam	Engelskirchen	G	45	TAM	3848-03PVY	4,600		
				Karen	Brisson	S	45	TAM	384P-03H68	4,125		
				Scott	Ebke	E	55	TAM	384R-03P73	4,115		
	12	Swim Kentucky Masters	16,645	Todd	Cheever		48	SKY	414S-01W43	4,225		
				Julie	May		46	SKY	4140-06T3A	4,145		
				Kay	Ewing		53	SKY	414N-082Y0	3,825		
				Michael	Johmann	R	52	SKY	414J-01WFK	4,450		
	13	Colonials 1776	15,210	Jeffrey	Bush	E	55	1776	084G-0221G	3,600		
				Susan	Underwood	E	53	1776	0842-02FD8	3,675		
				Barbara	Burke	B	52	1776	084Y-0221J	4,090		
				Tom	Tulenko		71	1776	084F-0229G	3,845		
	14	Maryland Masters	13,625	Susan	Taylor	D	55	MARY	094R-01VKZ	3,475		
				Barbara	Flanagan	A	53	MARY	0945-01VEE	3,210		
				Christopher	Stevens	W	52	MARY	094V-01VWK	4,385		
				John	Hannon	N	70	MARY	094K-07ZWY	2,555		
	55+	1	Longhorn Aquatics	19,180	Jim	Sauer		56	TXLA	4348-06N4M	5,250	NR
					Bess	Hilpert		58	TXLA	434A-02P7J	4,200	
					Larry	Wood	W	60	TXLA	434B-02N1F	4,975	
					Sharon	Smith	V	55	TXLA	4347-04KHX	4,755	
		2	Puget Sound Masters	18,115	Elizabeth	Kassen	K	61	PSM	3649-04F98	4,090	
					Lars	Durban	R	56	PSM	364H-02KNC	4,780	
					Lucy	Shaw	M	55	PSM	3645-062U5	4,120	
					Rick	Colella		62	PSM	364T-005RJ	5,125	
		3	Tamalpais Aquatic Masters	18,080	Geoff	Spellberg		57	TAM	3843-03VD8	4,585	
					Barbara	Wheeler	C	56	TAM	3842-03J0K	4,320	
					Laura	Val	B	62	TAM	3845-03H9F	4,875	
					Richard	Burns		70	TAM	384C-BURNS	4,300	
4		New England Masters Swim Club	17,645	Ed	Barth	J	55	NEM	0240-03607	4,585		
				Karen	Bierwert		61	NEM	0245-033M1	4,160		
				Beth	Estel	A	57	NEM	024T-008J3	4,400		
				Mark	Alexander	E	55	NEM	024N-0341C	4,500		
5		Oregon Masters	17,535	Marlys	Cappaert	R	55	OREG	3746-025XB	4,100		
				Larry	Philbrick	K	61	OREG	374B-02612	4,290		
				Mary	Sweat		56	OREG	374M-025UM	4,715		
				Tom	Phipps		60	OREG	3741-075TR	4,430		
6		St Pete Masters Inc	17,075	Jo Ann	Harrelson		58	SPM	1443-02RWB	3,880		
				Patty	Conolly	C	56	SPM	144N-02RZC	3,735		
				Kern	Davis	M	59	SPM	144T-02RET	4,870		
				Carl	Selles	H	67	SPM	144C-030YY	4,590		
7		Davis Aquatic Masters	16,710	Marnelle	Gleason		60	DAM	384D-03GFF	3,660		
				Cecily	Sprouse		57	DAM	3845-0822C	3,595		
				David	Woodruff	L	57	DAM	3849-03HFT	4,430		
				Mark	Evans	E	55	DAM	384K-03J7X	5,025		

MIXED (2 Men, 2 Women)

Age group	Place	Club Name	Total Distance	Names of Swimmers			MI	Age	Club Abbr	USMS #	Individual Distance	√ if a National Record
				First Name	Last Name	MI						
55+	8	Tamalpais Aquatic Masters	16,435	James	Tull	C	60	TAM	384C-03HT5	4,175		
				Anne	Claman	C	56	TAM	3843-03HVG	3,890		
				Philip	Jonckheer	W	61	TAM	3847-03K5W	4,165		
				Judy	Eisenman	A	60	TAM	384G-03K2U	4,205		
	9	Indy Aquatic Masters	16,360	Christine	Pedersen	E	55	INDY	164D-02AGG	4,125		
				Craig	Bauer	J	61	INDY	164W-02AFF	4,025		
				Kathleen	Abrams	A	57	INDY	164K-02M2J	4,000		
				Bob	Dickson	J	58	INDY	1643-02A8F	4,210		
	10	Colonials 1776	15,890	Craig	Stevens	W	61	1776	084Y-021YF	4,520		
				Sue	Watts	N	59	1776	0845-05TSF	4,040		
				Pamela	Paparone	A	60	1776	0841-02280	2,930		
				Barney	Heller		59	1776	084E-0220N	4,400		
	11	Puget Sound Masters	15,850	Steven	Peterson	B	67	PSM	3641-02KVC	4,330		
				Sally	Dillon	A	67	PSM	364H-02KJU	3,990		
				Suzanne	Dills	L	68	PSM	3642-01N00	4,045		
				Ron	Hansen	P	64	PSM	364Z-02MF6	3,485		
	12	St Pete Masters Inc	15,315	Timothy	Kennedy		57	SPM	144J-02RF0	4,255		
				Pam	Geiger		61	SPM	144K-02REZ	3,490		
				H Jack	Pyhel		69	SPM	144N-02S3Z	4,045		
				Barbara	Prescott	C	63	SPM	144J-02RN6	3,525		
	13	St Pete Masters Inc	13,035	Kathy	Selles	A	61	SPM	144T-06P54	3,000		
				Bill	Stephens	D	62	SPM	144B-093FH	3,850		
				Sandy	Steer	L	74	SPM	144R-02RFC	2,610		
				Philip	Harasz		55	SPM	1441-07GD6	3,575		
	14	Blue Wave Aquatics	12,670	Judy	Williams	K	65	BWAQ	364S-02KUU	3,325		
				Mark	Piennett	T	62	BWAQ	3640-082G6	2,700		
				Michelle	Menkens		57	BWAQ	3648-04F9S	4,070		
				William	Swint	B	67	BWAQ	364D-02MHE	2,575		
	15	Florida Maverick Masters	10,075	Rodney	Swanigan	E	62	FMM	1442-02SW6	2,725		
				Mary	Stein	A	63	FMM	1446-061WR	2,575		
				Karen	Swanigan	S	58	FMM	144H-02T9S	2,600		
				Gregory	Rotole	S	59	FMM	144G-02RFK	2,175		
	65+	1	New England Masters Swim Club	15,700	Lenore	Stepanishen	T	65	NEM	024B-035BX	3,175	
					Christie	Hayes	M	65	NEM	0246-01S5E	4,140	
					Daniel	Rogacki	J	66	NEM	024A-033XF	4,085	
					Fred	Schlicher	J	65	NEM	0240-033W5	4,300	
		2	Oregon Masters	15,685	Lauren	Binder		66	OREG	3748-065KS	3,500	
					Steve	Johnson	M	65	OREG	3743-0264Y	4,415	
					Jed	Cronin	P	65	OREG	3745-0262E	4,380	
					Monika	Johnson		65	OREG	374V-007FH	3,390	
		3	Tamalpais Aquatic Masters	14,920	Glenda	Carroll	G	70	TAM	384V-03JEC	3,135	
					Linda	Shoenberger	R	66	TAM	3848-03F82	4,025	
					James	Stambolis	N	66	TAM	384S-03FUB	3,680	
					Kenneth	Frost	A	69	TAM	384T-03HJH	4,080	
		4	Davis Aquatic Masters	14,615	Andrew	McPherson	M	66	DAM	384A-03GXT	4,190	
					Brett	Stone		65	DAM	384Y-03KFT	3,700	
					Kristine	Hornof	T	66	DAM	3849-03HAN	3,385	
					Susan	Munn	L	75	DAM	3842-03FZM	3,340	
5		Indy Aquatic Masters	14,475	Joan	Diercks	M	65	INDY	1646-02AC6	3,250		
				Mel	Goldstein	E	75	INDY	1641-1NDY1	3,400		
				Sally	Hasbrook		65	INDY	1643-02AKT	3,500		
				Douglas	Miller	K	67	INDY	164C-01NE1	4,325		
6		Maryland Masters	13,205	Carolyn	Foster	J	68	MARY	094X-01VJR	3,220		
				Joseph	Jackins	A	66	MARY	094N-01VC8	3,920		
				Tess	Bloomquist		69	MARY	094F-01V4E	3,030		
				Glenn	Wangdahl	E	71	MARY	0947-01VWD	3,035		
7		Wisconsin Masters Aquatic Club	10,945	Candy	Christenson	J	67	WMAC	204B-01R84	3,225		
				Donald	Jackson	B	73	WMAC	204P-01R79	3,225		
				James	Arnold	E	70	WMAC	2049-01RPF	2,325		
				Jeanne	Seidler	E	67	WMAC	2044-01R6A	2,170		
8		Florida Maverick Masters	9,765	Michael	Biggs		65	FMM	144K-02TJE	3,390		
				Jean	Allen	M	73	FMM	144X-02RDK	2,125		
				Beatrice	Bohm		72	FMM	1441-062PW	2,050		
				Charles	Schlegel	H	83	FMM	144A-02RE3	2,200		

MIXED (2 Men, 2 Women)

<u>Age group</u>	<u>Place</u>	<u>Club Name</u>	<u>Total Distance</u>	<u>Names of Swimmers</u>			<u>MI</u>	<u>Age</u>	<u>Club Abbr</u>	<u>USMS #</u>	<u>Individual Distance</u>	<u>√ if a</u>
				<u>First Name</u>	<u>Last Name</u>	<u>MI</u>						<u>National Record</u>
75+	1	Oregon Masters	11,760	Bonnie	Speer	B	79	OREG	374D-0692S	2,230		
				George	Thayer	D	77	OREG	374U-025X2	2,870		
				Pat	Hunt		82	OREG	3748-06PDK	2,440		
	2	Florida Maverick Masters	10,915	David	Radcliff	A	79	OREG	374H-025V8	4,220		
				Patricia	Bond	M	75	FMM	144W-02RDM	3,465		
				James	Browne	F	75	FMM	144X-02RD2	2,700		
				Robert	Williams	M	86	FMM	144Z-02RDH	2,400		
			Doris	Prokopi	C	78	FMM	144G-02RDG	2,350			