

**United States Masters Swimming
Long Distance National Championship**

WOMEN'S RESULTS

CHAMPIONSHIP EVENT: 5K ePostal

EVENT DATE(S): 5/15-9/15/2015

SANCTION NUMBER: 375-S003

SANCTIONING LMSC: Oregon LMSC

SPONSORING ORG: Central Oregon Masters Aquatics

EVENT DIRECTOR: Bob Bruce

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Age Group	Place	First Name	Last Name	MI	Age	Club Abbr	USMS Number	Time	Quality Points	New Record
18-24	1	Sydney	Anderson	E	23	PSM	3653-06ZAW	1:08:42.33	934	
18-24	2	Valerie	Thorp	M	24	WMAC	205P-0793E	1:10:56.05	905	
18-24	3	Marie	Hanft	F	24	SFTL	505R-09T73	1:13:33.35	872	
18-24	4	Madeline	Bruce	J	21	IM	215R-09DA1	1:15:17.29	852	
18-24	5	Alexandra	Painter		22	UC15	1557-09TRS	1:19:40.99	805	
18-24	6	Jenny	Mohn	L	23	DAM	385F-09HD8	1:23:50.99	765	
25-29	1	Mary	Holman	E	28	CMS	325P-06REH	1:11:01.86	924	
25-29	2	Jamie	Marks	L	26	SFTL	505X-06Y7S	1:11:33.36	917	
25-29	3	Florencia	Melo		26	SFTL	505T-09U0A	1:12:17.27	908	

25-29	4	Amanda	Singleton	L	26	SFTL	505V-07JMK	1:17:11.99	850
25-29	5	Kendra	Hogg		28	VMST	125E-09RSH	1:17:16.21	850
25-29	6	Kelly	Abner	A	25	SFTL	5051-07DB2	1:19:40.25	824
25-29	7	Silver	Deutch	J	29	SFTL	505M-07RZE	1:22:43.37	794
25-29	8	Anna	Rosen		28	SFTL	5052-08BKE	1:31:13.99	720
25-29	9	Regina	Roach	A	29	WCM	385X-0727V	1:32:56.11	706
25-29	10	Tricia	Baldwin	A	25	SKY	415X-06XAE	1:54:47.79	572
30-34	1	Alexis	Underwood		31	GAJA	455W-073GW	1:13:04.20	882
30-34	2	Leah	Heil	S	34	GERM	1056-06VRG	1:17:50.99	827
30-34	3	Amy	Charley	C	30	VMST	125Z-061BG	1:18:01.89	826
30-34	4	Jenny	Rood		30	NEM	025F-06HVF	1:19:37.99	809
30-34	5	Ellary	Wray	H	32	SFTL	505Z-09XVW	1:25:30.99	753
30-34	6	Mikala	Shremshock		32	UC10	105C-07VUW	1:58:07.59	545
30-34	7	Sarah	King	C	32	MTMS	155N-07PBT	2:23:39.23	448
35-39	1	Ashley	Whitney	A	36	NASH	155E-021RZ	1:06:59.99	947
35-39	2	Kimberly	von During	J	36	WMAC	205P-01RUJ	1:13:32.09	863
35-39	3	Jenny	Birmelin		38	MICH	195K-0292V	1:23:16.54	762
35-39	4	Katherine	Olson	L	37	PMST	545E-024YY	1:25:58.99	738
40-44	1	Jayna	Tomac	M	43	OREG	375Y-05EJN	1:11:56.60	874
40-44	2	Stephanie	Henry		41	IM	2156-09R25	1:14:44.27	841
40-44	3	Suzy	Jajewski		40	OREG	3753-074MV	1:17:58.99	806
40-44	4	Bonnie	Edwards	B	43	OREG	375Y-065UP	1:18:56.12	797
40-44	5	Julie	O'Neill	F	43	CSFM	325A-01X4N	1:19:09.20	795
40-44	6	Kathy	Amarasinghe		40	WWM	355M-0867W	1:29:12.01	705
40-44	7	Debra	Orringer	L	43	T2NM	145R-05E85	1:33:20.99	674
40-44	8	Bethany	Lee	L	44	UC12	125D-09XFG	1:34:35.02	665
40-44	9	Kristin	Volz	R	41	SFTL	505C-DUCKY	1:49:18.99	575
45-49	1	Rebecca	Friedlander	L	48	CMS	325Z-02D8U	1:14:10.07	869

45-49	2	Brooke	Bowman	J	48	SPM	1459-004KC	1:15:08.99	858
45-49	3	Denise	Noznesky	L	48	GERM	105P-036EM	1:16:01.99	848
45-49	4	Megan	Lassen	M	45	SFTL	505G-02KUC	1:20:45.20	798
45-49	5	Erica	Moffett	L	45	SFTL	505G-02XND	1:20:59.61	796
45-49	6	Livia	Zien	L	49	SPM	145F-02RN5	1:21:36.99	790
45-49	7	Julie	May		48	SKY	415X-06T3A	1:25:14.73	756
45-49	8	Karen	Charney	L	46	DAM	385N-0423B	1:25:18.99	755
45-49	9	Ruth	Giles-Ott		46	IM	2152-02VKN	1:33:33.41	689
45-49	10	Jane	Woo		45	UC10	105A-036PP	1:35:17.49	676
45-49	11	Carla	Kinugawa		47	SFTL	505Z-09VH3	1:39:30.44	648
45-49	12	Flavia	Medlin	Z	48	O*H*	185Z-02RHK	1:47:02.73	602
45-49	13	Amber	Anthony	D	48	MOST	435C-02NH5	1:55:31.09	558
45-49	14	MarySue	Balazic		47	PSM	365C-09NNC	1:56:08.08	555
45-49	15	Nancy	Bailey	S	45	UC08	0859-09XFH	1:58:50.99	542
50-54	1	Jutta	Schickore		50	DOC	165V-02B6V	1:10:34.11	928
50-54	2	Shannon	McIntyre	J	50	PSM	3654-000W4	1:10:40.83	927
50-54	3	Ellie	Najjar	S	53	CMS	3254-045G5	1:11:12.17	920
50-54	4	Arlene	Delmage		52	OREG	3757-01Z4F	1:15:13.28	871
50-54	5	Marcia	Cleveland	E	51	IM	215H-01S4Y	1:15:46.02	865
50-54	6	Karen	Matson	A	52	OREG	375J-0266T	1:16:03.85	861
50-54	7	Heidi	Kafka		52	IM	215J-02X7X	1:17:08.11	849
50-54	8	Shannon	Cutting	E	51	T2NM	145S-02NSU	1:22:14.18	797
50-54	9	Dawn	Clark		50	SPM	145H-05VRX	1:29:04.99	735
50-54	10	Kirsten	Derr	L	50	CMS	3253-03316	1:32:11.99	711
50-54	11	Alison	Barbi		51	SFTL	5050-093G3	1:36:04.75	682
50-54	12	Susan	Nolan	B	50	T2NM	1450-07370	1:37:15.91	674
50-54	13	Jennifer	Phalen	R	50	DAM	385D-JENNY	1:38:46.99	663
50-54	14	Allison	LaField		52	MOST	435M-06MXY	1:44:34.19	627
50-54	15	Sarah	Bennett	L	52	SFTL	505G-G00SE	1:47:39.59	609
50-54	16	Gina	Russell		52	UC13	135R-082EW	1:56:34.99	562
50-54	17	Roberta	Varela-Hein	K	51	MOST	4354-02NGX	2:06:21.06	519

50-54	18	Marcie	Bowman	E	51	OREG	375Y-07VY6	2:10:54.63	500
50-54	19	Alice	Perez	M	50	MOST	4353-07NGE	2:20:04.22	468
55-59	1	Denise	Brown	H	55	MICH	195X-01U86	1:14:08.31	948
55-59	2	Sharon	Blaha	L	55	DAM	385C-DAM83	1:14:34.67	942
55-59	3	Melissa	Harasz		55	SPM	1452-05H1D	1:18:13.01	898
55-59	4	Darcy	LaFountain	H	59	PBM	505F-0212Z	1:19:56.45	879
55-59	5	Leslie	Sauber		55	TULS	275F-01JWY	1:20:55.47	868
55-59	6	Kathy	Gifford	M	55	DOC	1655-06C7T	1:21:01.64	867
55-59	7	Colette	Crabbe	M	58	OREG	375J-02645	1:25:40.99	820
55-59	8	Jana	Fitzpatrick	B	57	ZEN	595S-026YE	1:28:06.38	798
55-59	9	Jo Ann	Harrelson		59	SPM	145U-02RWB	1:28:19.99	796
55-59	10	Maddie	Diedo		56	MICH	195X-028U9	1:33:01.31	755
55-59	11	Joan	Gamso	E	57	T2NM	145U-02TBP	1:33:11.99	754
55-59	12	Paula	Moores	J	57	SAWS	595A-01J0E	1:36:12.64	730
55-59	13	Cynthia	Henley	P	57	SFTL	505N-07SFD	1:36:47.99	726
55-59	14	Debbie	Gortowski	A	58	IM	2157-02UNY	1:37:22.99	722
55-59	15	Paige	Castro		58	T2NM	145X-023YY	1:49:53.82	639
55-59	16	Blair	Brockman	S	59	TULS	2753-080YC	1:58:27.06	593
55-59	17	Marci	Grady	A	56	SFTL	505B-05HJC	1:58:44.47	592
55-59	18	Gail	Musk	G	58	SFTL	505Z-07W6S	1:59:30.36	588
55-59	19	Debby	Eisinger	W	57	SFTL	505Y-095ZS	2:01:15.69	580
60-64	1	Shirley	Loftus-Charley	A	63	VMST	125Y-WATER	1:14:29.33	968
60-64	2	Laurie	Samuelson	E	60	PBM	505T-006F3	1:16:45.36	939
60-64	3	Elaine	Valdez	S	60	MOST	435Z-02POH	1:18:02.98	924
60-64	4	Catherine	Rust	M	62	PBM	5055-06WNH	1:19:41.99	904
60-64	5	Debbie	Wilson	R	61	NCMS	135R-02318	1:24:49.02	850
60-64	6	Linda	Larson	L	60	SFTL	505W-2WVDA	1:28:55.33	811
60-64	7	Judith	Laney	B	62	CMS	3258-03075	1:29:01.99	810
60-64	8	Jeanna	Summers		61	OREG	375M-000PT	1:29:28.99	806
60-64	9	Jill	Wright	M	64	SAWS	595T-01J02	1:36:09.42	750

60-64	10	Peggy	Stringer	L	64	MM	315H-01JR7	1:38:06.99	735
60-64	11	Valerie	Golbus		60	IM	215P-09DCM	1:40:19.28	719
60-64	12	Martha	Erickson		63	NASH	155P-043WS	1:41:52.99	708
60-64	13	Linda	Callaway		62	MOST	435J-02NEV	1:41:56.94	707
60-64	14	Robin	Piet	L	62	IFM	5953-06CUY	2:02:49.99	587
60-64	15	Lydia	Kuderna		61	MM	315V-0967K	2:27:59.99	487
65-69	1	Meredith	Moore	A	65	T2NM	145A-01S4X	1:31:05.89	930
65-69	2	Greta	Van Meeteren		68	NCMS	135D-0232R	1:52:01.67	756
65-69	3	Michelle	Martin	E	66	SFTL	5052-02D6V	2:09:38.99	653
65-69	4	Jane	Wright	E	65	SAWS	595V-077FJ	2:11:38.99	643
65-69	5	Jeanne	Seidler	E	68	WMAC	205T-01R6A	2:38:39.99	534
65-69	6	Jennifer	Johnston	G	67	L4S	1056-039KC	3:04:53.99	458
70-74	1	Linda	Webb		70	SFTL	505W-02FR0	1:37:55.25	969
70-74	2	Pat	Sherman		70	OREG	375U-09ABT	1:49:52.99	864
70-74	3	Karen	Zentgraf	W	73	CMS	3259-0309S	1:59:30.99	794
75-79	1	Patricia	Bond	M	77	SYSM	1456-02RDM	1:48:15.26	853