

**United States Masters Swimming  
Long Distance National Championship**

# RESULTS

**CHAMPIONSHIP EVENT: 2016 Womens 3000 ePostal**

**EVENT DATE(S): 9/15/16 to 11/15/16**

**SANCTION NUMBER: 596-S004**

**SANCTIONING LMSC: Snake River**

**SPONSORING ORG: Sawtooth Masters**

**EVENT DIRECTOR: Paula Moores**

**Address 1267 S. Linda Vista Ave.**

**Boise, ID 83709-1529**

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## WOMEN

Age group	Place	First Name	Last Name	MI	Age	Club Abbr	USMS #	Time	Quality Points	National Record
18-24	1	Kelsey	Liu		24	MOVY	2873-0A4V8	36:12.62	896	
	2	Jenny	Mohn	L	24	DAM	386G-09HD8	37:29.46	866	
	3	Kim	Gabriel		24	PBM	506R-08BKM	40:13.98	807	
	4	Kelly	Chmura		21	SFTL	506H-0ADR\	43:12.70	751	
25-29	1	Marie	Hanft	F	26	SFTL	5069-09T73	36:33.45	887	
	2	Shannon	Jones		27	NITR	436K-0ADN8	38:01.53	853	
	3	CJ	Pisano		29	PBM	506X-09MTX	38:08.00	850	
	4	Kelley	Baum	T	27	PBM	506F-09J2C	39:04.99	830	
	5	Alanna	Waldman		25	SFTL	5064-0AH12	39:44.76	816	
	6	Tana	King	M	26	MERR	0960-09UP7	41:00.00	791	
	7	Amanda	Singleton	L	27	SFTL	5065-07JMK	41:42.41	777	
	8	Anna	Rosen		29	SFTL	506X-08BKE	43:59.10	737	
	9	Stephanie	Rock	L	29	PBM	506U-098BE	44:21.21	731	
	10	Kristy	O'Brien		29	NCMS	137T-097U1	44:44.72	725	
	11	Danielle	Nagle	Sue	25	CMS	3264-0AN39	45:05.44	719	
	12	Justine	Fedde	A	26	AQST	527V-09MFP	45:10.00	718	
	13	Lauren	Meyer	M	25	MERR	096E-0ANEN	45:29.00	713	
	14	Laura	Richards	M	26	PBM	507B-0AK3M	46:51.31	692	
	15	Pamela	Staton	J	29	SWED	216S-0AN4B	48:21.18	670	
	16	Rachel	Hsieh		29	OREG	376R-09VPZ	50:57.80	636	
	17	Bethany	Roberts	A	28	HOLY	026J-0473Y	52:18.51	620	
	18	Christine	Burke		26	PBM	506P-0AF45	56:44.35	571	
	19	Edith	Hannigan		29	DAM	3876-07TXP	1:05:28.00	495	
30-34	1	Christina	Horton		33	SFTL	507X-061JZ	36:33.92	894	
	2	Kathleen	Pelczynski		31	NCMS	136F-06W4X	40:30.21	807	
	3	Ara	Bergillos		34	SFTL	5062-0816K	41:13.53	793	
	4	Leia	Matern	M	32	OREG	376J-0ADZT	41:15.16	792	
	5	Mary	Milburn	C	32	PBM	506K-061K0	41:51.33	781	
	6	Amy	Charley	C	31	VMST	1261-061BG	41:57.00	779	
	7	Lenore	Brown	R	30	PBM	5067-0A1F4	42:36.92	767	
	8	Kathleen	Stutz	J	34	SFTL	5066-07K8R	42:41.82	765	
	9	Molly	Brown		30	BUMS	047A-088F6	43:06.99	758	
	10	Vicki	Bolf	A	31	IM	2169-06TMV	43:51.84	745	
	11	Krista	Beeman	M	33	CMS	3279-0A1B2	44:12.61	739	
	12	Cristina	Martinez-Canton	L	32	DAM	3860-05V28	44:26.00	735	
	13	Ellary	Wray	H	34	SFTL	5061-09XVV	44:38.66	732	
	14	Kristen	Ellison	L	31	IM	216N-074H7	45:55.40	712	
	15	Shannon	MacDonald		31	PBM	506C-0ANAC	46:16.90	706	
	16	Amanda	Callahan		34	OREG	377N-06JB5	46:59.69	695	
	17	Sarah	Mulder		32	CMS	326U-06T38	47:56.79	682	
	18	Rebeca	Koehler		33	PBM	5079-0APXR	48:10.33	678	
	19	Sarah	Rich		30	SMST	386W-07X25	48:28.12	674	
	20	Meredith	Anderson	A	30	LOCO	557F-05ZSY	49:27.34	661	
	21	Colleen	Broach	A	34	HUNT	1562-0A2XR	56:57.00	574	
	22	Maria	Emerson		31	SFTL	5074-09RD2	1:05:35.08	498	
	23	Komali	Motaparathi		31	PBM	506P-09PGL	1:09:58.99	467	

Age group	Place	First Name	Last Name	MI	Age	Club Abbr	USMS #	Time	Quality Points	National Record
	24	Sabra	Shelton	G	32	UC19	196U-07KX2	1:23:34.26	391	
<b>35-39</b>	1	Heather	Congdon	B	38	SFTL	5064-0A4RM	38:11.72	862	
	2	Sonja	Koppenwallner		39	SFTL	507C-01YJF	38:33.44	854	
	3	Melanie	Gentles	H	39	DAM	3863-071K6	40:42.00	809	
	4	Evelyn	Pryor	G	39	OREG	3768-026P2	41:51.00	786	
	5	Sarah	Landrum	F	38	PSM	3668-099B2	42:16.83	778	
	6	Kate	Lorenz		39	IM	216X-063KG	42:21.24	777	
	7	Tatiana	Barbosa	B	37	SFTL	506C-027CP	43:00.16	765	
	8	Sara	Kirchner	R	38	GOLD	506N-0895U	43:13.00	762	
	9	Michelle	Toner	A	36	HOLY	0274-046NR	43:58.13	748	
	10	Callie	Peat		35	BGWM	336B-03WDC	45:15.84	727	
	11	Maria	Morales	F	37	SFTL	506H-05GVT	46:39.55	705	
	12	Stephanie	Knapp		36	MM	3178-0A4AM	46:58.04	701	
	13	Marissa	Filippo	S	38	SWED	217C-07EVU	47:32.78	692	
	14	Sarah	Barber	R	39	SAWS	5968-06NXN	48:48.41	674	
	15	Jennifer	Mohorovic	M	35	LOCO	556U-0A4C5	51:00.78	645	
	16	Jessica	Schofield		37	PBM	506S-09MPZ	51:52.99	634	
	17	Jennifer	Jones	T	39	BUMS	046A-001US	53:02.37	620	
	18	Erica	Lazarus		37	PBM	507E-0APJ1	54:56.38	599	
	19	Dawn	Paynter		38	PBM	506Y-09WR	59:55.99	549	
	20	Sofia	Liu	G	38	MOVY	287V-09NDM	1:03:01.00	522	
	21	Melissa	Waters	C	38	HUNT	156N-092VN	1:09:00.00	477	
<b>40-44</b>	1	Sara	Nelson	Q	43	OREG	376B-0263K	35:02.88	950	
	2	Stacey	Bruce	L	41	PALM	556F-01HAD	36:42.88	907	
	3	Michelle	McRae		41	PSM	366R-04FBZ	37:33.39	887	
	4	Kate	Elliott		40	DMST	406P-097X9	38:51.47	857	
	5	Julie	Gendler	L	40	SAWS	596X-0A7WF	40:14.00	828	
	6	Suzy	Jajewski		41	OREG	376W-074M	40:39.52	819	
	7	Kelli	Broussard	A	44	UC15	156H-01T55	41:14.38	808	
	8	Tammy	Regan Koppelberger		44	PSM	366D-09UES	42:23.88	786	
	9	Christine	McCrary		43	SFTL	506W-04PC	43:50.70	760	
	10	Laura	Hinds	R	41	CMS	327Y-030P6	44:10.82	754	
	11	Tracy	Wells	J	44	WLOO	436E-0AHKV	44:14.00	753	
	12	Madelyn	Tan-Cohen		42	SWED	2179-0A7JT	44:16.38	752	
	13	Kate	Ufford		40	PBM	5078-09ES7	44:25.87	750	
	14	Meredith	Glick		40	SWED	2162-06AXV	44:43.82	745	
	15	Janey	Mayville	C	42	SFTL	506G-001SG	45:11.99	737	
	16	Kathy	Amarasinghe		41	WWM	356C-0867W	45:49.96	727	
	17	Tracy	Williams	A	43	PBM	5065-09DRD	48:01.62	694	
	18	Sarah	Barber	R	40	SAWS	5968-06NXN	48:02.38	693	
	19	Alexandra	Lessem		41	CMS	327R-0743W	48:02.60	693	
	20	Kira	Krier	J	42	NEM	026S-079E3	49:12.63	677	
	21	Jenn	Kelly		40	PBM	5076-0AGYV	49:51.45	668	
	22	Tasmin	Cordie	L	40	SFTL	5065-0AKP6	49:58.41	667	
	23	Hillary	Morris		41	PBM	506R-095W	50:18.99	662	
	24	Renee	Parys		44	WLOO	436Y-0AKF1	50:21.00	662	
	25	Ali	Massoud		42	SWED	217V-09NW	51:11.53	651	
	26	Rosina	Bolen		44	YWMA	086A-0ADB6	53:05.35	627	
	27	Ellen	Brown		44	PBM	5079-08EZG	54:25.52	612	
	28	Kristin	Volz	R	43	SFTL	506K-DUCK	55:00.19	606	
	29	Terri	Tague		44	PBM	506B-0AJSZ	55:16.19	603	
	30	Jeraine	Ketchem	C	42	PBM	507B-07P93	55:59.77	595	
	31	Kara	Baxter		41	PBM	507F-09XJC	1:04:33.99	516	
<b>45-49</b>	1	Dana	Gianniny		46	ROCH	046V-01X7C	36:14.44	935	
	2	Paula	Texel	M	46	SPM	147E-0625D	38:46.83	874	
	3	Rebecca	Friedlander	L	49	SNM	3860-02D8U	38:49.23	873	
	4	Brooke	Bowman	J	49	SPM	1478-004KC	39:33.39	857	
	5	Jayette	Pettit	R	49	OREG	376W-0A8H	40:00.80	847	
	6	Karen	Westerman	L	49	SPM	1463-02RX6	40:03.83	846	
	7	Megan	Lassen	M	46	SFTL	5060-02KUC	40:59.38	827	
	8	Gillian	Salton	G	48	OREG	3761-05G96	41:34.00	815	
	9	Catharine	Cebrowski	L	45	MOST	4362-06P0P	42:48.57	792	
	10	Jennifer	Banning		45	O*H*	1862-01PJN	42:49.00	792	
	11	Mary	FitzGerald	P	49	HOLY	0276-0A4N0	42:50.25	791	
	12	Jodi	Schwartz		48	SPM	1469-083V6	44:22.44	764	
	13	Julie	May		49	SKY	4163-06T3A	44:26.71	763	

Age group	Place	First Name	Last Name	MI	Age	Club Abbr	USMS #	Time	Quality Points	National Record
	14	Heidi	Polly	A	49	CMS	3260-00D8R	44:51.00	756	
	15	Karen	Charney	L	47	DAM	386B-0423B	45:04.05	752	
	16	Karrie	Weaver	G	45	UC30	306F-09G4Z	45:46.89	740	
	17	Melinda	Wight	D	45	MOST	436F-09MYN	46:15.54	733	
	18	Suzy	Cavanagh		47	SAWS	5965-05J27	46:32.28	728	
	19	Diana	Rodriguez	S	49	PBM	5076-0064K	47:31.07	713	
	20	Kim	Cullen	M	49	SFTL	507A-028AB	49:06.51	690	
	21	Carmela	Bedregal	V	48	PBM	506P-0866F	49:38.00	683	
	22	Anne Marie	Gladding		48	MICH	197M-0AP03	50:17.79	674	
	23	Sybille	Rex		48	UC02	026T-0ABEK	50:38.34	669	
	24	Jennifer	McBride		47	SWED	216D-06MSL	50:49.77	667	
	25	Emily Jane	Woo		47	UC10	106N-036PP	51:36.90	657	
	26	Melissa	Scott		46	SFTL	506X-09JRW	52:09.66	650	
	27	Ruth	Giles-Ott		48	IM	2171-02VKN	52:52.58	641	
	28	Ginger	Donnelly		49	PBM	5062-0A52D	53:22.99	635	
	29	Ingrid	Bon		46	PBM	506P-07ZM1	54:41.12	620	
	30	Lisa	Jillson		49	SWED	217X-09TNU	54:56.79	617	
	31	Flavia	Medlin	Z	49	O*H*	1861-02RHK	55:21.50	612	
	32	Heather	Schichtel		45	CMS	326S-0A40H	55:42.34	608	
	33	Kathy	Miller		49	BGWM	336Y-09GBA	57:01.37	594	
	34	Alicia	Geth		49	PBM	5061-089UX	58:58.81	575	
	35	Linda	Mueller		49	SWED	217X-09WR9	1:01:40.70	549	
	36	Carrie	Levy	C	46	SWED	2165-07Z7P	1:02:02.51	546	
	37	Elizabeth	Lynch	B	48	SWED	2179-0APRZ	1:03:22.06	535	
	38	Eileen	Kristl		47	SWED	2164-082GV	1:05:32.00	517	
	39	Julia	Sanderson	J	45	PBM	5066-0A005	1:07:14.99	504	
	40	Kris	Maraney		48	PBM	506D-0AN0R	1:11:40.01	473	
	41	Sheila	Vonbergen		46	PSM	366E-09YUK	1:15:48.48	447	
	42	Martha	Paniagua	L	49	PBM	506T-0AAM7	1:16:55.99	441	
	43	Johannah	Silva		46	SWED	2162-09U47	1:24:48.98	400	
<b>50-54</b>	1	Ellen	Reynolds	M	52	SAWS	597S-01J04	34:12.91	1,010	Y
	2	Rebecca	Friedlander	L	50	SNM	387H-02D8U	36:30.70	947	
	3	Charlotte	Brynn	J	50	NEM	0270-034BA	38:08.77	906	
	4	Beth	Strauss	A	51	PBM	5062-02876	40:12.99	859	
	5	Birgit	Lohberg		50	PBM	5064-027M6	40:13.82	859	
	6	Heidi	Kafka		54	IM	216E-02X7X	41:21.71	836	
	7	Cheryl	Kupan	A	52	SPM	147N-01SAD	41:52.00	826	
	8	Jamie	Herrington	S	50	SFTL	5074-027GB	41:55.72	824	
	9	Marcia	Cleveland	E	52	IM	216F-01S4Y	42:26.37	814	
	10	Dawn	Clark	D	52	SPM	146F-05VRX	42:56.00	805	
	11	Linda	Irish Bostic		52	PBM	507W-06BT)	43:26.99	795	
	12	Pamela	Figoras	C	51	PBM	5064-06K1C	43:43.99	790	
	13	Kris	Rebert	L	53	YWMA	0875-070MC	44:07.03	783	
	14	Anne	Rasmussen	C	51	NCMS	136H-0A5DR	44:16.03	781	
	15	Krissy	Ferry Phillips		54	PBM	506R-003S8	44:26.90	778	
	16	Caroline	Loomis		53	DAM	3867-06ERJ	44:50.19	771	
	17	Debra	Butler	L	53	CMS	3265-0945B	45:22.70	762	
	18	Jennifer	Gervais		51	OREG	377R-09A4P	45:59.18	752	
	19	Ann	Brown	M	54	MERR	096J-0759J	46:36.82	741	
	20	Deborah	Drewke		50	SWED	216T-0A9W)	46:47.45	739	
	21	Diane	Happel	M	52	UC40	406F-0469G	47:19.92	730	
	22	Allison	Villarreal		53	MATT	156E-094UE	47:47.53	723	
	23	Jeanne	Danford	G	53	PBM	5063-028BV	47:49.99	723	
	24	Jennifer	Phalen	R	52	DAM	387C-JENNY	48:12.00	717	
	25	Rebecca	Brinich		50	PBM	507W-01JH8	48:47.71	708	
	26	Kathy	Joy		54	MHSA	386S-095FD	48:48.36	708	
	27	Yumiko	Luke	H	51	SAWS	596X-09XTD	49:24.01	700	
	28	Sarah	Bennett	L	53	SFTL	5060-G00SE	49:58.51	692	
	29	Rebecca	Dodson-Webster		50	WASCE	086X-09P8V	50:33.00	684	
	30	Allison	LaField		53	MOST	436C-06MXY	50:37.10	683	
	31	Lisa	Hines		54	MINN	306J-073JY	51:03.00	677	
	32	Mary	Eklund		52	LOCO	557E-07HXC	51:39.37	669	
	33	Cathy	Goodwin	W	50	PBM	506F-08CW\	52:25.40	659	
	34	Kim	Hyland	J	54	OREG	376C-072ND	53:37.33	645	
	35	Maureen	Bell	M	51	OREG	3760-026HN	53:56.88	641	
	36	Colleen	Toumayan		50	TSTT	336Y-08DSU	54:56.25	629	
	37	Lisa	Hake	E	54	OREG	3770-03SNK	57:00.00	606	
	38	Kate	Sullivan	E	52	OREG	376A-09Y0F	57:35.12	294	

Age group	Place	First Name	Last Name	MI	Age	Club Abbr	USMS #	Time	Quality Points	National Record
	39	Patti	Collins		54	PBM	507T-081TB	58:36.95	590	
	40	Alicia	Andersen	H	54	PBM	507J-08C31	59:38.99	579	
	41	Susan	Smith	M	52	PBM	507Z-0A55G	59:58.99	576	
	42	Dina	Fiore	M	50	PBM	507M-0A9M6	1:00:32.00	571	
	43	Beth	Stormshak	A	50	OREG	376P-06JDC	1:00:47.70	568	
	44	Roberta	Varela-Hein	K	52	MOST	436V-02NGX	1:01:05.70	619	
	45	Mindy	Parsons		54	PBM	506J-09WV1	1:01:26.00	563	
	46	Junko	Altman		51	PBM	506J-09XJ9	1:01:55.99	558	
	47	Andrea	Brands	B	53	SWED	217F-09MKJ	1:01:59.44	558	
	48	Alice	Caroompas		52	BUMS	0463-0A6HE	1:09:54.39	494	
	49	Ana	Muth	M	51	PBM	506Z-0AJTY	1:16:04.29	454	
<b>55-59</b>	1	Kelly	Parker Palace		55	VMST	126E-02HWI	35:35.02	1,024	Y
	2	Ellie	Najjar	S	55	CMS	3273-045G5	37:25.89	973	
	3	Denise	Brown	H	57	MICH	1963-01U86	38:17.72	951	
	4	Jo-Ann	Elo		55			40:17.70	904	
	5	Sharon	Steinmann	B	58	SPM	146W-02RG:	40:21.05	903	
	6	Melissa	Harasz		56	SPM	146X-05H1D	40:57.11	890	
	7	Julia	Leo	E	55	PBM	506T-0966W	41:16.23	883	
	8	Tamara	Burton		58	PBM	506R-099CG	41:55.86	869	
	9	Sharon	Blaha	L	56	DAM	387A-DAM8z	45:02.00	809	
	10	Margaret	Haskins	C	58	NEM	027P-05UC8	45:51.01	795	
	11	Ellen	Itzler	R	57	SFTL	507C-027D0	47:13.10	771	
	12	Anne	McGuigan	M	55	BUMS	047F-07S1F	47:25.20	768	
	13	Katy	Kline		56	SPM	146F-063WA	47:31.00	767	
	14	Maddie	Diedo		58	MICH	1963-028U9	47:53.00	761	
	15	Patricia	Nardozi	J	57	SPM	146X-02RG2	47:53.72	761	
	16	Jenifer	Slonaker	L	58	UC24	247Z-005E3	48:17.13	754	
	17	Margot	Wheeler		57	PBM	5073-0A4GN	48:37.00	749	
	18	Christina	Fox	M	55	OREG	376X-0264J	48:42.00	748	
	19	Cynthia	Henley	P	58	SFTL	507P-07SFD	48:49.94	746	
	20	Dallas	Turner	L	58	SAWS	596N-06K3S	49:03.00	743	
	21	Kathy	Francis	M	57	CMS	3260-030EC	49:23.08	738	
	22	Paula	Moores	J	58	SAWS	596N-01J0E	49:55.92	730	
	23	Ann	Thomas	B	56	SFTL	5072-0287G	50:25.09	723	
	24	Allison	Lehman	R	58	ARIZ	486D-086FS	50:36.00	720	
	25	Carol	Miller	L	55	YWMA	087S-02J52	51:19.69	710	
	26	Gale	Tinglov	A	59	MINN	306W-073TV	51:24.00	709	
	27	Nancy	Wright	E	56	PBM	507W-09WD	52:30.99	694	
	28	Jo-Ann	Berry		59	PBM	506E-027YV	53:37.00	679	
	29	Debra	Attin Neville		56	SFTL	507B-027HM	54:00.00	675	
	30	Helene	Hirsch	I	59	TSTT	336E-06023	54:12.24	672	
	31	Linda	Gannon	T	58	PBM	507T-09940	54:56.33	663	
	32	Terese	Butler	A	59	ARIZ	487T-061ZM	56:01.00	650	
	33	Kathryn	Cronin		58	PBM	506J-033U1	56:14.00	648	
	34	Marci	Grady	A	57	SFTL	507A-05HJC	56:53.88	640	
	35	Gail	Musk	G	59	SFTL	5061-07W6S	57:20.78	635	
	36	Debby	Eisinger	W	58	SFTL	5062-095ZS	57:26.11	634	
	37	Katie	Hynes-Petty	M	56	OREG	377X-0APSS	57:40.35	632	
	38	Carrie	Jacobson	L	57	PMST	547G-05HGJ	59:29.41	612	
	39	Donna	Urban	D	57	CMS	326P-085N4	59:35.00	611	
	40	Heidi	Juhl		55	PBM	5074-0APB0	59:46.99	609	
	41	Nancy	Richards		58	OREG	377D-06P22	59:57.99	607	
	42	Isabela	Goldbas	C	55	SFTL	507D-09CE6	1:00:31.99	602	
	43	Adrienne	Chin-Ogilvie		56	SFTL	506E-028EA	1:00:40.99	600	
	44	Kim	McFall	A	58	UC48	487F-0AP8Y	1:00:51.11	599	
	45	Phyllis	Scheidt	A	56	SPM	146U-07NP2	1:04:53.00	561	
	46	Sabina	Cowie	A	59	PBM	506U-09DVT	1:06:28.99	548	
	47	Debbie	Buehler		58	CMS	326U-09RS3	1:07:36.62	539	
	48	Marie	DeGennaro	E	56	MOST	436R-02PWi	1:08:28.48	532	
	49	Aliza	Becker	C	58	SWED	217E-090J4	1:11:43.03	508	
	50	Lucianne	Pugh		56	PSM	3679-09H8J	1:20:02.00	455	
	51	Nancy	Munro		58	PBM	507X-06D1M	1:20:04.99	455	
<b>60-64</b>	1	Colette	Crabbe	M	60	OREG	376E-02645	38:52.36	965	
	2	Darcy	LaFountain	H	61	PBM	506G-0212Z	40:21.88	929	
	3	Elaine	Valdez	S	61	MOST	4361-02P0H	40:23.19	929	
	4	Catherine	Rust	M	63	PBM	506U-06WNI	40:49.96	919	
	5	Debbie	Wilson	R	62	NCMS	137S-02318	42:32.55	882	

Age group	Place	First Name	Last Name	MI	Age	Club Abbr	USMS #	Time	Quality Points	National Record
	6	Elizabeth	Kassen	K	64	PSM	366C-04F98	43:35.99	860	
	7	Cindy	Gilmore		61	SUSA	3476-05J4V	45:34.01	823	
	8	Jeanna	Summers		62	OREG	377N-000PT	46:25.41	808	
	9	Linda	Larson	L	61	SFTL	5064-2WND	47:00.73	798	
	10	Cecile	Many		62	SMS	247W-01TAF	49:09.20	763	
	11	Betty	Lampe		60	SVY	086S-06WFE	49:24.27	759	
	12	Lynn	Rhue	M	64	UC48	4864-0306N	49:25.55	759	
	13	Janet	Siniscalchi		60	PBM	506R-079VZ	50:18.99	746	
	14	Linda	Callaway		63	MOST	437K-02NEV	51:18.78	731	
	15	Paula	Yankauskas	J	62	NEM	0277-W0WS	51:18.97	731	
	16	Valerie	Golbus		61	IM	216A-09DCM	53:09.55	706	
	17	Susan	Collins	D	64	WWM	3575-006T7	53:33.31	701	
	18	Janine	Sellers	L	60	NCMS	137E-09XKP	54:14.41	692	
	19	Dara	Jwaideh	N	60	DAM	386F-0AHGM	55:06.98	681	
	20	Karen	Saef	B	62	SYSM	1472-KBSPH	55:54.00	671	
	21	Deanna	Johnson	L	60	DAM	387K-041KE	56:29.00	664	
	22	Katy	Lantz	C	63	DAM	386D-040UN	56:48.00	661	
	23	Blair	Brockman	S	61	TULS	2772-080YC	58:01.12	647	
	24	Sue	White	J	61	OREG	376T-095U4	1:01:14.99	613	
	25	Alana	Watts		60	PBM	5076-0AGRM	1:01:47.47	607	
	26	Twyla	Dubois		63	MOVY	286P-06102	1:02:07.00	604	
	27	Laurie	Moses	E	64	OREG	3773-0A3T4	1:02:48.43	597	
	28	Connie	Shuman		61	OREG	3763-026A0	1:03:08.44	594	
	29	Laura	Richardson	A	61	LOCO	5579-01HA2	1:04:09.16	585	
	30	Joan	Collins	K	63	SMS	247G-0APDL	1:06:00.01	568	
	31	Theodora	Fox		63	DART	3463-092VU	1:06:13.00	567	
	32	Mary Ellen	Rosen		62	SFTL	506E-094CK	1:06:43.72	562	
	33	Rita	Maynard		64	NCMS	1365-06J2A	1:14:49.49	501	
	34	Marla	Cohen		62	SWED	216Z-06AY3	1:17:30.10	484	
	35	Sandi	DuBose		62	PBM	507D-09XVK	1:18:01.99	481	
	36	Florence	Estes	S	64	SWED	2174-0APEH	1:20:12.89	468	
	37	Jane	Montes	A	60	SWED	216R-06NXH	1:26:50.32	432	
<b>65-69</b>	1	Shirley	Loftus-Charley	A	65	VMST	127Z-WATEI	38:40.25	1,073	Y
	2	Fran	Hare	E	66	PBM	507W-02XHC	44:46.99	926	
	3	Jill	Wright	M	65	SAWS	5967-01J02	48:52.28	849	
	4	Susan	Korsedal	D	66	LOCO	556F-09KFA	50:07.88	828	
	5	Wendy	Scherwat Ducourneau		66	TSTT	3376-0A2JN	56:13.67	738	
	6	Maureen	Fitzpatrick		65	PBM	507Y-081KH	57:41.99	719	
	7	Greta	Van Meeteren		69	NCMS	137C-0232R	1:00:23.38	687	
	8	Michelle	Martin	E	67	SFTL	506X-02D6V	1:02:23.69	665	
	9	Karen	Cole		65	BUMS	046F-07RVE	1:03:55.32	649	
	10	Sue	Moldovanyi		66	WASC	086R-0911Z	1:04:34.01	643	
	11	Jane	Wright	E	67	SAWS	597W-077FJ	1:08:21.23	607	
	12	Michele	Chattaway	J	65	PBM	5073-02XSD	1:08:59.99	601	
	13	Jan Elisa	Mosca		66	NCMS	136J-07HB6	1:18:21.86	529	
	14	Diane	Wagner	J	68	ARIZ	487N-0729H	1:32:05.00	451	
	15	Robyne	Camp		69	PBM	507H-09K1B	1:40:00.31	415	
<b>70-74</b>	1	Pat	Sherman		71	OREG	3766-09ABT	56:26.00	808	
	2	Leslie	Westergaard	M	73	DAM	3861-03GEZ	59:53.00	761	
	3	Lynda	Christiansen		72	OREG	376A-025XV	1:01:22.84	743	
	4	Carolynn	Foley		73	PBM	5069-01W0J	1:05:48.00	693	
	5	Karin	Bivens		72	ARIZ	487W-02F9S	1:19:26.00	574	
	6	Gail	Newton	S	72	OREG	3764-026HT	1:29:18.92	511	
<b>75-79</b>	1	Sarah	Kopsky	L	75	TULS	276R-01JW6	51:17.29	1,012	Y
	2	Patricia	Bond	M	78	SYSM	146T-02RDM	53:06.92	977	